

Non-visual pathway

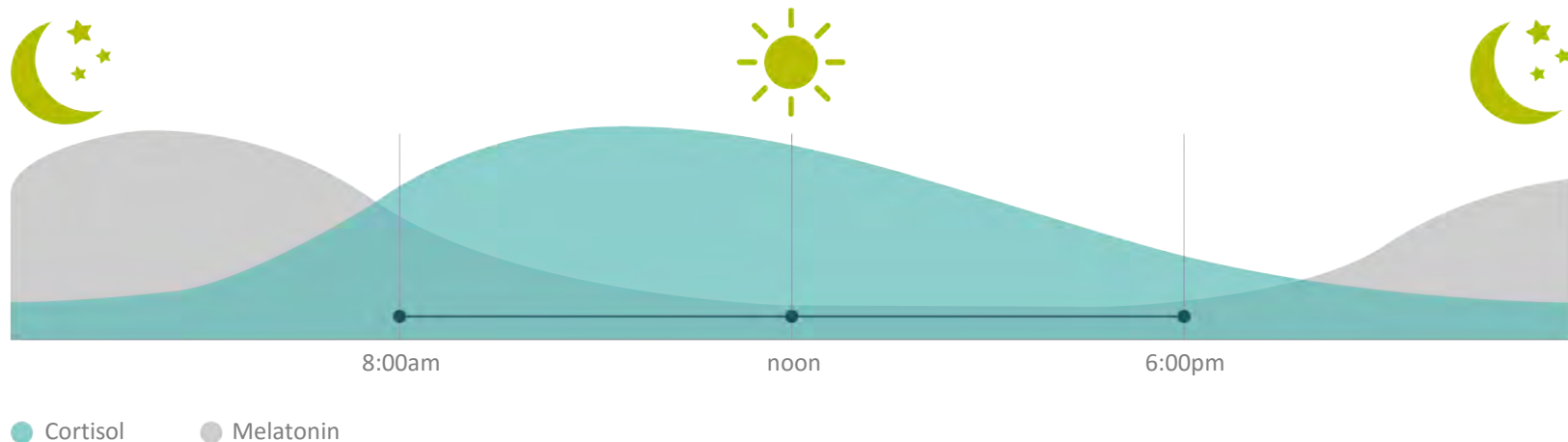
Light regulates our biological clock

Affecting for instance:

- State-of-mind
- Sleep Concentration
- Alertness
- Development/growth

And more indirectly also affecting:

- Immune system
- Recovery
- Wound healing
- Memory
- Behavior



Five aspects of artificial light that matter



Light intensity



Color temperature



Light distribution



Personal control



Lighting design



Strength matters

- The visual acuity depends on the intensity of light: about 40% increase when going from 50lux to 500lux¹
- Enhances concentration and alertness²
- Enhanced cooperative behavior³ and creativity⁴ at dimmed light conditions
- Faster reading speed⁵

Source:

¹Adrian, 1993

²Steidle, 2010; Hoffmann 2008; Ruger 2005

³Galetzka, 2010

⁴Steidle, 2010

⁵Mott, 2012; Barkmann 2010; Fuchs 2001



2. Color temperature



Change color, boost concentration

- Eye becomes tired less quickly at 6000K than 2700K¹
- Alertness and concentration is improved²
- Reduces sleepiness and increases self-reported performance³
- Enhanced cooperative behavior at warm light conditions⁴

Source:

¹Dou, 2011

²Mills, 2007; Rautkylä et al. 2010; Viola, 2008

³Viola, 2008

⁴Baron 1992



Create

the right ambience

- Visual comfort is related to the illumination of the space
- Wall brightness enhances the room appearance
- Goven (2010, 2011) found a trend in children's mood when changing the brightness of the walls and ceilings



4. Personal control



Light that puts you in control

- Qualitative research confirms that personalized light tones and intensities leads to optimal visual comfort¹
- Personal control leads to higher job satisfaction², improved mood and comfort³; higher perceived productivity⁴

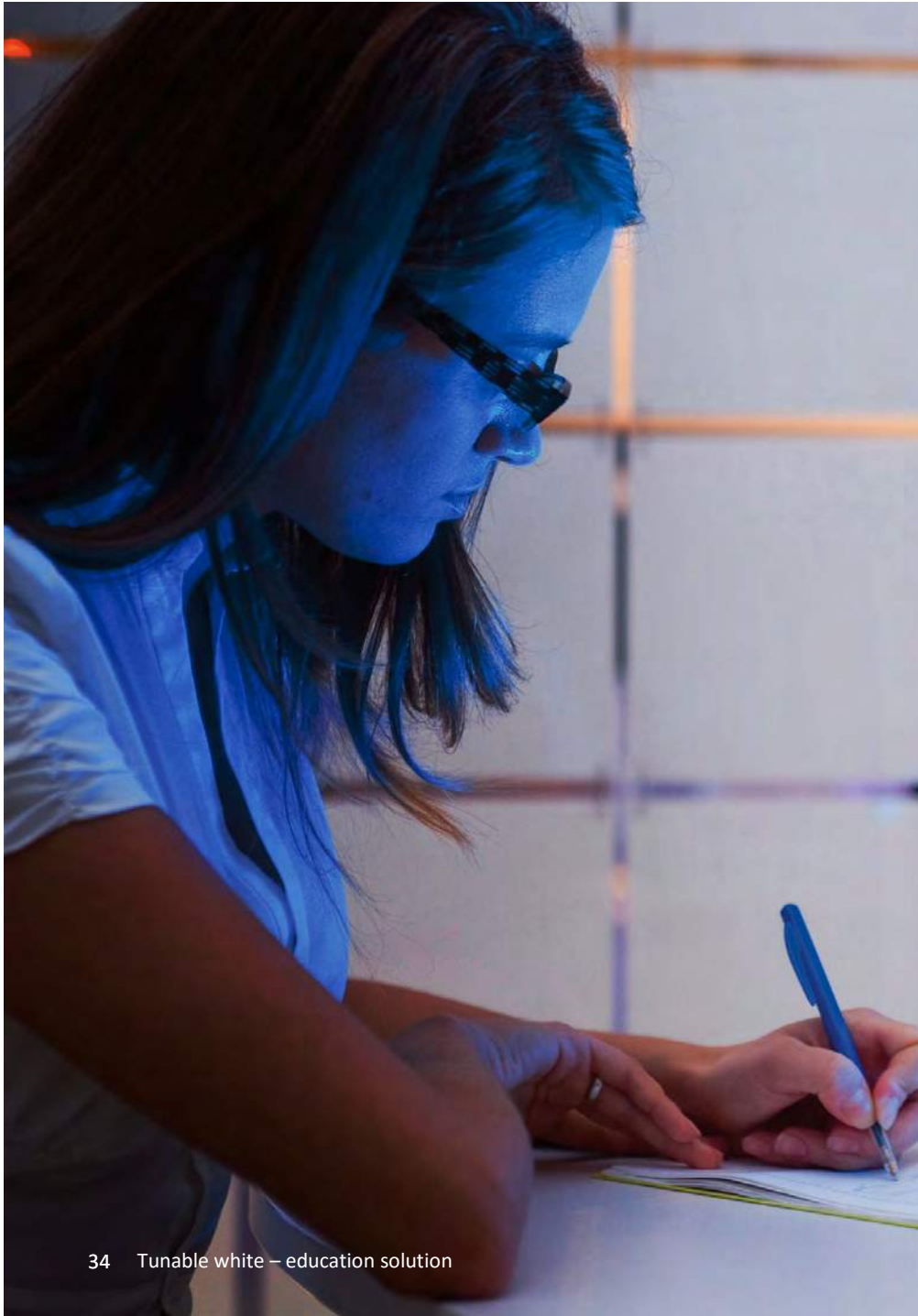
Source:

¹internal Philips research

²Lee and Brand 2005; HermanMiller 2007

³Newsham, 2003

⁴Bordass, 1993



Comfortable light creates satisfaction

- Visual comfort is related to the illumination of the space
- Research has demonstrated that satisfaction with lighting contributes to greater environmental satisfaction which leads to a greater job satisfaction¹
- Lighting appraisal is linked with organizational commitment and employee engagement²
- Research has demonstrated that lighting appraisal is linked with motivation, work engagement, and productivity³

Source: ¹Charles, 2003 ²Veitch, 2010 ³Newsham



People who appraise their lighting as good will also appraise the room as more attractive, be in a more pleasant mood, be more satisfied with the work environment, and more engaged in their work.”

Extract from: “Linking Lighting Appraisals to Work Behaviors” Jennifer A. Veitch, Mariska G. M. Stokkermans and Guy R. Newsham *Environment and Behavior* 2013 45: 198 originally published online 16 September 2011

Tunable white concepts in various environments



Dynamics

Supporting the user by providing lighting designed to support mental resources throughout the day



Scene set

Maximize efficiency of meeting rooms by providing preset lighting conditions tailored to common activities



Personal control

Providing maximum control to the user to tune the lighting to his/her needs



Dynamics

Automatically mimic daylight patterns by adjusting color temperature and brightness levels with respect to the time of day.

Visual variation

Achieve more visual variation in the office by gradually changing intensity and color temperature during the day and promote employee satisfaction. In a retail environment highlight various store areas in the most visually engaging manner possible.

Greater well being

Being able to mimic the natural cycle of our bodies with the right light promotes increased wakefulness and greater well being.

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Dynamics

application proof points

Employees exposed to bright light during the day (TC and I) report:

- A higher alertness especially in the morning
- A higher self-rated performance
- Less evening fatigue
- Improved sleep quality

Viola, 2008: Viola AU, James LM, Schlangen LJ, Dijk DJ (2008) Blue-enriched white light in the workplace improves self-reported alertness, performance and sleep quality Scand. J Work Environ. Health 34(4):297-306.

Lowden 2015: The effect of high quality indoor LED lighting on visual comfort, environmental appraisal, cognitive performance and wellbeing In preparation.

Rautkylä et al 2010: Rautkylä E, Puolakka M, Tetri E, Halonen L (2010) Effects of correlated colour temperature and timing of light exposure on daytime alertness in lecture environments J. Light & Vis. Env. 34(2):59-68.

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Personal control

the benefits

Visual Comfort

personal control allows us to create the most preferred task illumination for each individual resulting less fatigue at the end of the day

Qualitative research confirms that personalized light tones and intensities leads to optimal visual comfort¹

Productivity

Personal control leads to higher job satisfaction², improved mood and comfort³; higher perceived productivity⁴

Source:

¹internal Philips research

²Lee and Brand 2005; HermanMiller 2007

³Newsham, 2003

⁴Bordass, 1993

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Tunable White application examples





Deliver high quality care environments

- As many as **20%** of teenagers report a lifetime prevalence of depression¹
- **Almost 50%** of the elderly population suffer from sleep disorders²
- Morning sunlight reduces length of hospitalization for bipolar depression
- Patients getting more sunlight experience **less stress and lower analgesic medication use**³
- Incidence of delirium was almost **3x** higher in a room without visible daylight⁴

1 Bansal V, 2009

2 Neikrug AB 2010

3 Walch JM 2005

4 Richard L Miller 2002

Distinguish the retail experience

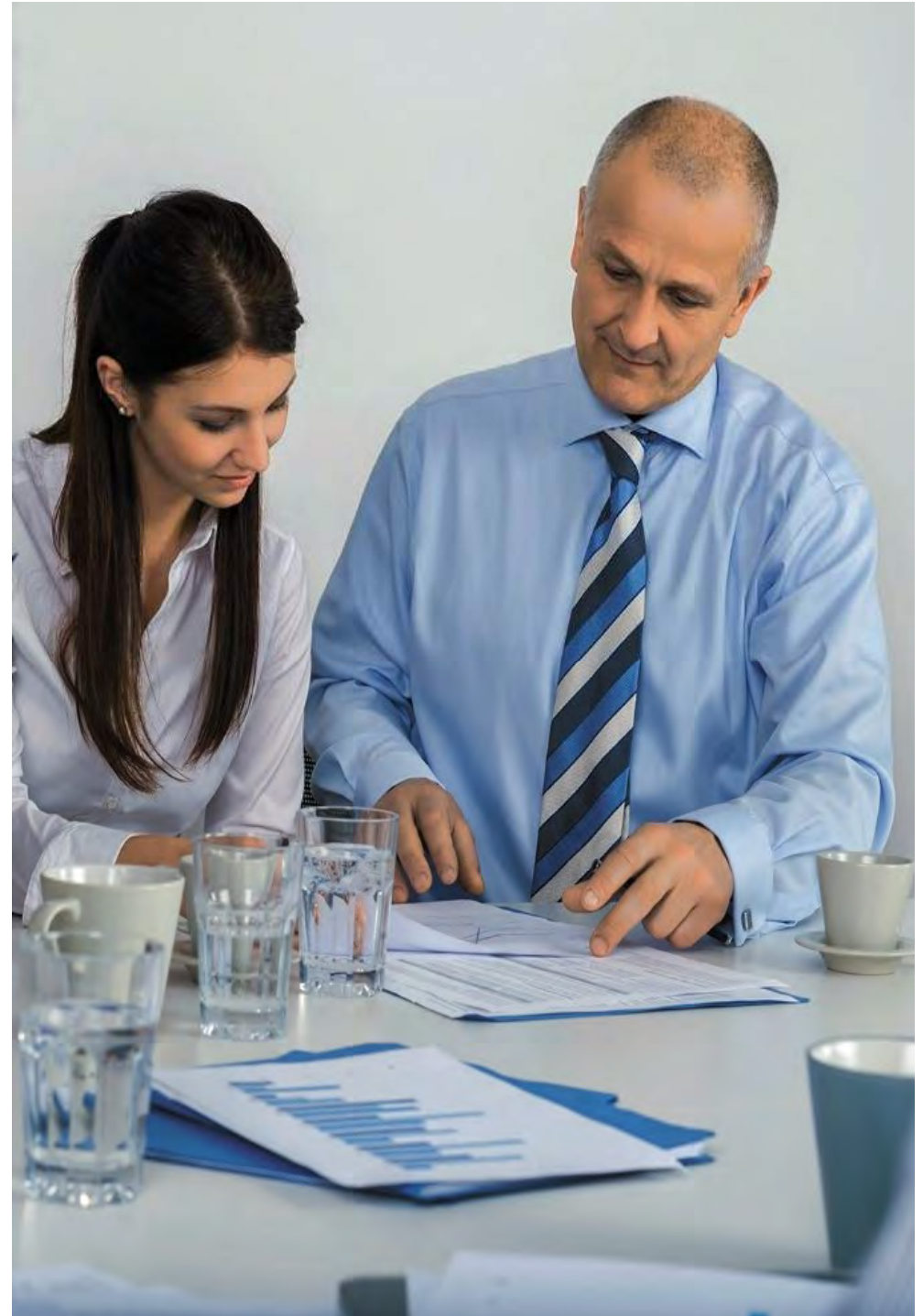
Ability to instantly change lighting ambiances to align with merchandising, seasons, special events.

Allowing customers to view merchandise under varying light conditions.



Create engaging work spaces

- The need for flexibility to support all activities and types of workers: generation X, Y, Z
- Different working styles and needs
- Digital revolution, mobile working, and emphasis on screen work
- Need to stimulate productivity and wellbeing
- Reduction of the office area available per employee while maintaining a high job satisfaction
- Being attractive to work for, increasing employee retention rate





Unlock student potential

- Children and adolescents are exposed to a high-performing culture
- They are exposed to different stimuli, distracted by social media and busier than ever
- Young people spend a lot of time indoors
- Students have behavioral issues like lack of concentration and sleep deprivation
- Teachers need to control group dynamics, capture students' attention, and manage behavioral outbursts

Did you know?

- Up to **40%** of children have a problems with reading, a critical skill for academic success
- Myopia is becoming an epidemic: in China more than **90%** of students already have myopia and prevalence is increasing in Europe (while children who spent more time outdoors have less chance of developing myopia)
- Bright light was shown to improve literacy skills by up to **14%**
- The chance of developing **ADHD** is smaller in countries with high solar intensities
- Windowless classrooms are associated with student moodiness, reduced growth, and lower concentration
- Focus light was shown to improve concentration by up to **18%**

A proven tunable white solution

Increase

in reading concentration by

18%

Increase

in reading speed by

35%

Decrease

in frequency of errors by

45%

Decrease

in hyperactive behavior by

76%

Research from the University of Twente

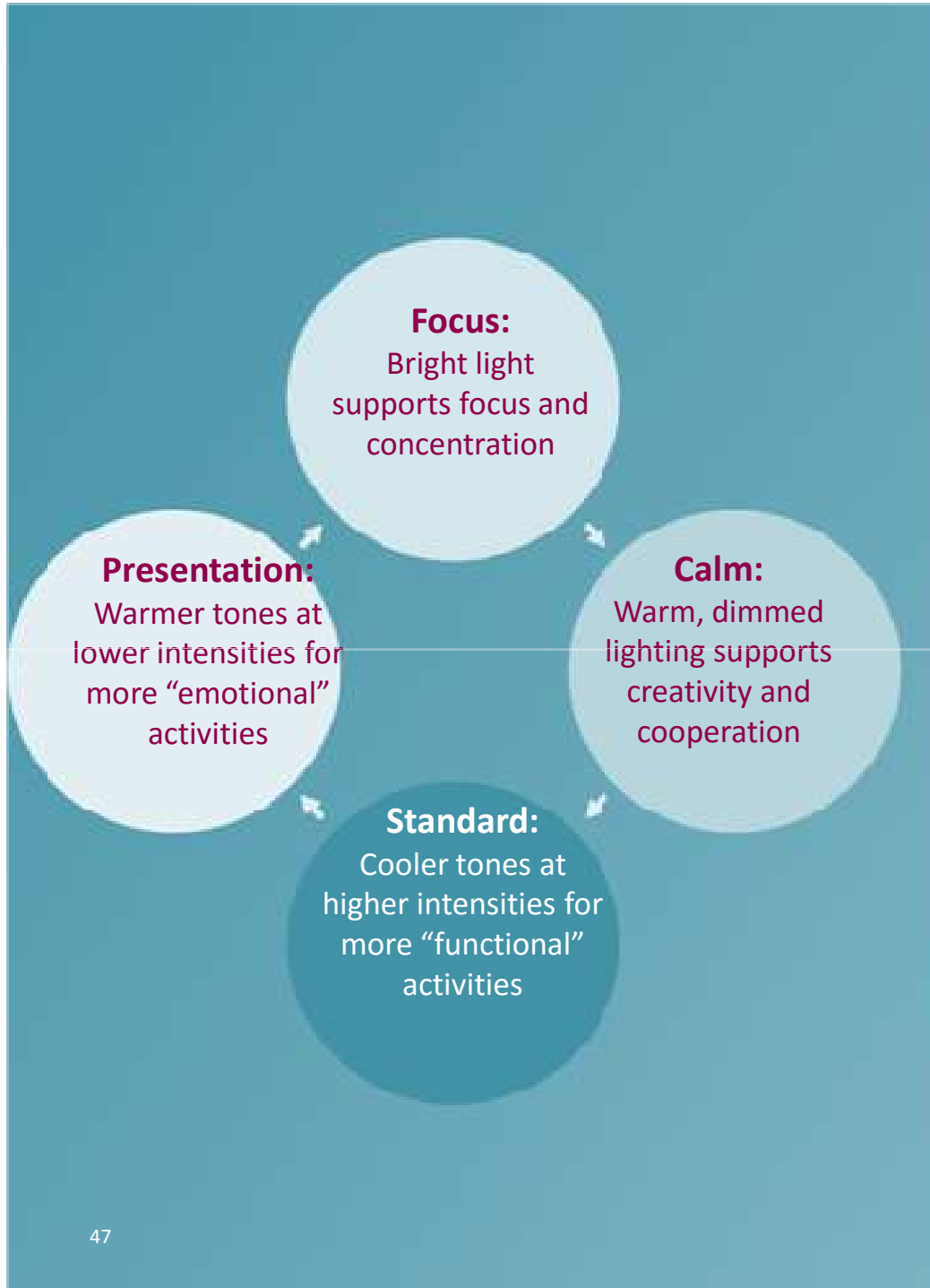
Supported by evidence

SchoolVision was put to the test in an independent study by the government of Hamburg, Germany and the Universitätsklinikum Hamburg-Eppendorf.

A total of 166 pupils and 18 teachers took part in the year-long scientific experiment, which recorded significant improvements in student performance.

Compared to children under normal lighting, the children studying under TW system showed improvements in concentration, attention span, and behavior. In addition, they read faster and made fewer mistakes.

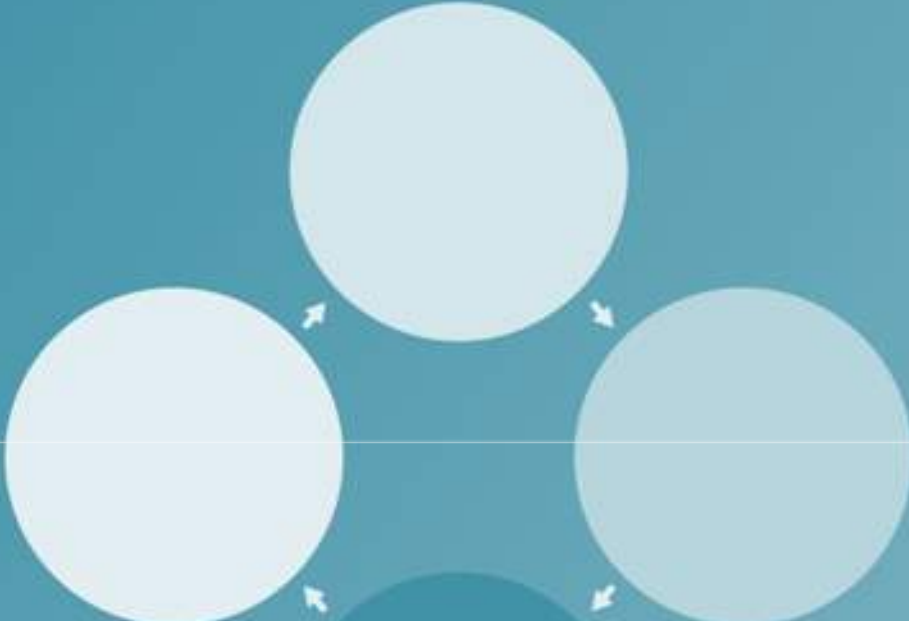
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Scene Set

The right combination

- A combination of predetermined presets instantly sets the scene for room ambiance that supports the next scheduled task or spontaneous activity.
- By default the system offers 4 different presets - **Standard, Presentation, Focus and Calm.**
- These presets can be altered and customized to suit your unique needs.
- With a simple touch of a button, teachers can activate one of the presets and can easily change the lighting depending on the activity, the time of the day, or the atmosphere in the class.



Standard:
Cooler tones at
higher intensities for
more “functional”
activities

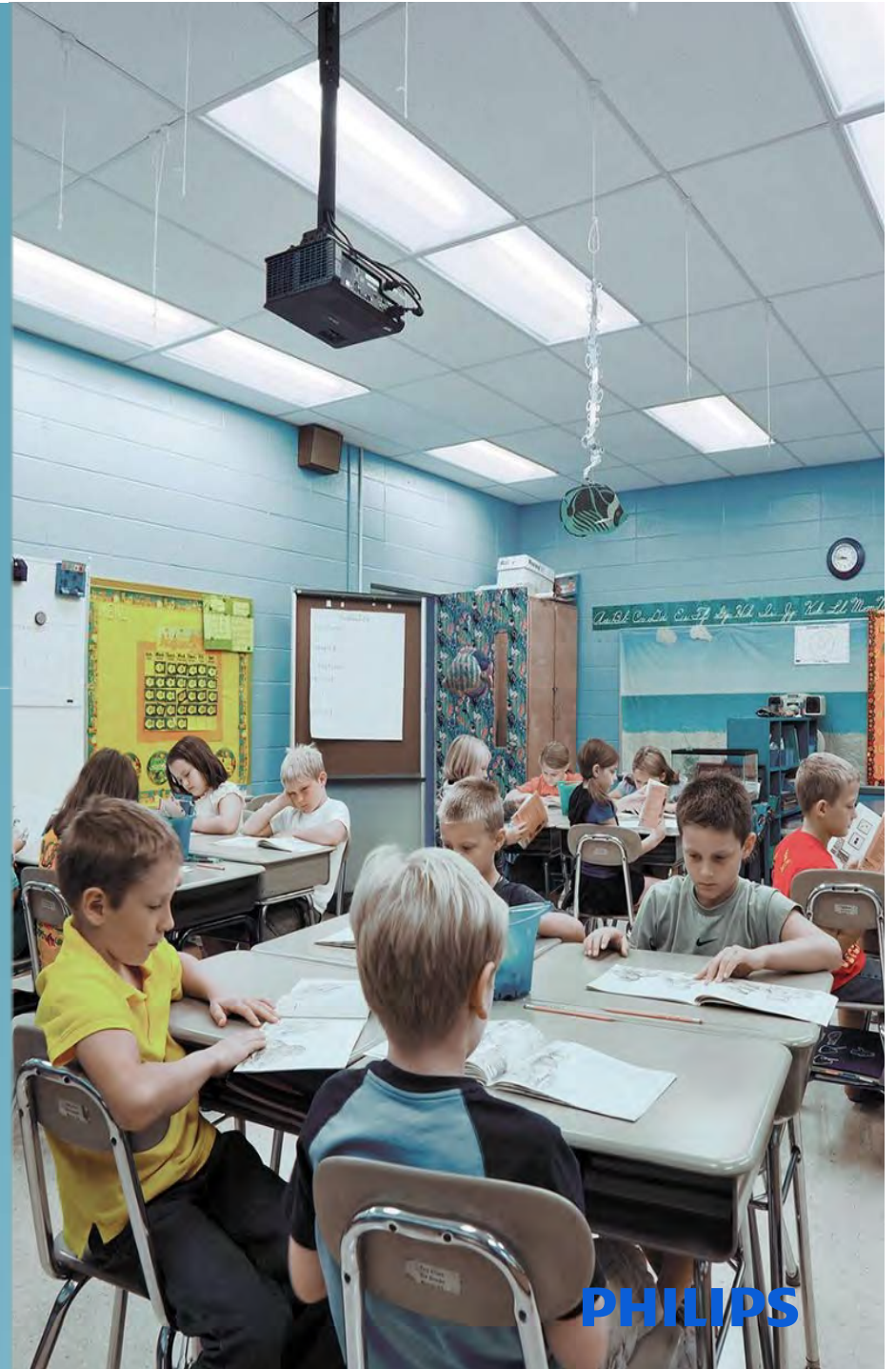


Presentation:
Warmer tones at
lower intensities for
more “emotional”
activities

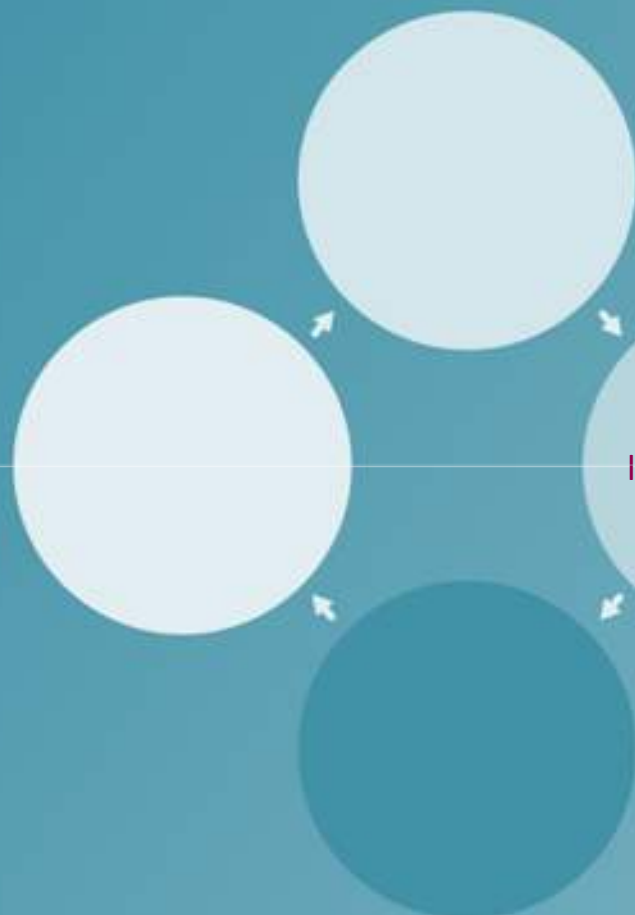


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Focus:
Bright light
supports focus and
concentration



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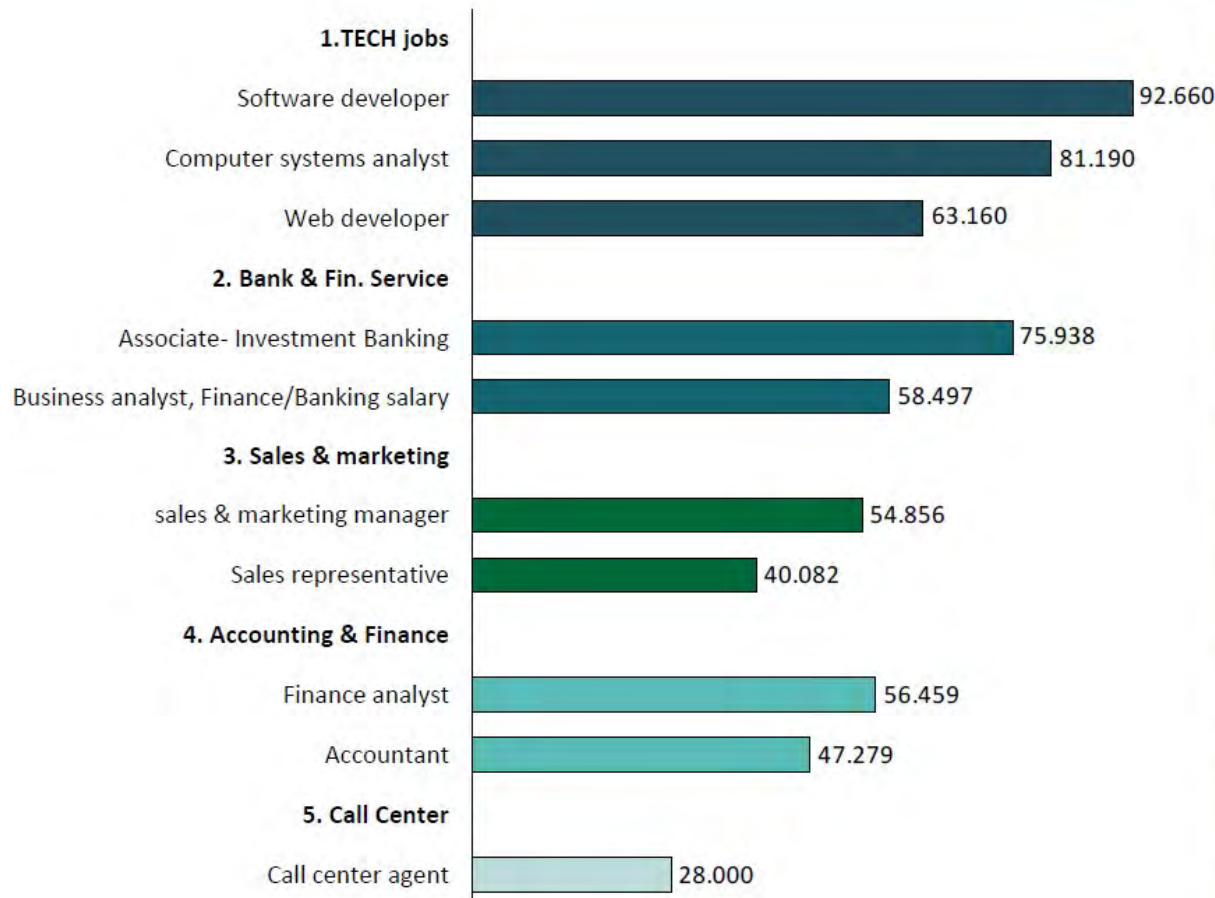


Calm:
Warm, dimmed
lighting supports
creativity and
cooperation



Median Salary Amount

Values in USD/YR



Value of productivity increase by around 1%*

Type of Jobs	Value / employee	Value per SQM (108 Sq f/employee **)
TECH jobs (Avg. 80 K USD/YR)	560 USD/employee	5.2 USD/Sq f
Bank & Fin. Services (Avg. 67 K USD/YR)	470 USD/employee	4.3 USD/Sq f
Sales & Marketing (Avg. 47 K USD/YR)	329 USD/employee	3.0 USD/Sq f
Accounting & Finance (Avg. 52 K USD/YR)	364 USD/employee	3.4 USD/Sq f
Call center (Avg. 28 K USD/YR)	196 USD/employee	1.8 USD/ Sq f

*Around 1% increase out of 70% (average productivity level)

** Rate from New York; <http://occupiermetrics.com/offices-metrics#page=calculator&country=US&city=9>

Source: from the US website - <http://money.usnews.com/careers/best-jobs/software-developer/salary>, www.payscale.com.

