

NESEA BuildingEnergy NYC
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James A. D'Aloisio
P.E., SECB, LEED AP



Klepper, Hahn & Hyatt

(315) 446-9201
jad@khpc.com

Structural Engineering
Landscape Architecture
Building Envelope Systems

Calculating the carbon content of commercial construction

Carbon Counts!

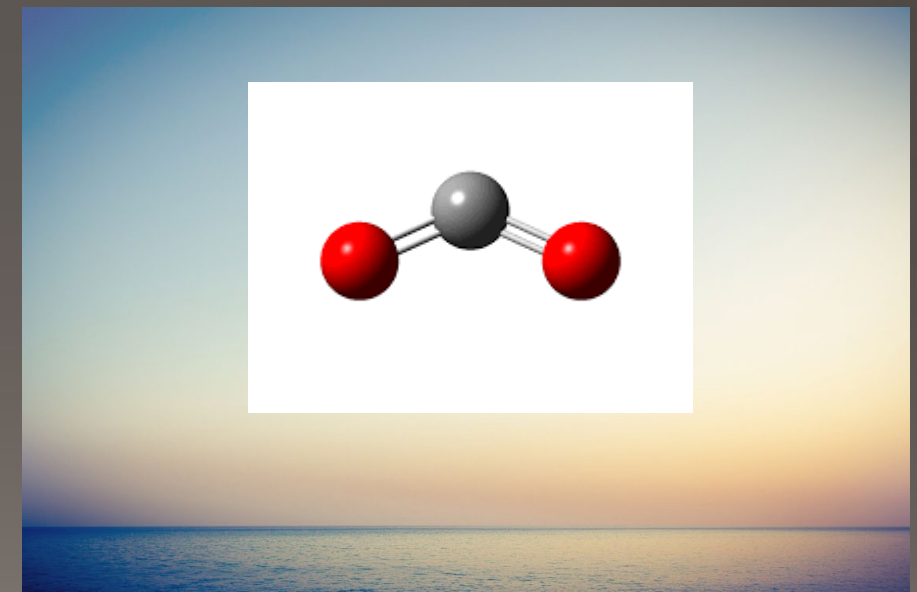
Abstract

- How much carbon dioxide is released into the atmosphere as a result of your new construction project?
- Is it more or less than the emissions from an average project?
- What can you do, at little or no cost to your project, to reduce this carbon bloom?

With the advent of Environmental Product Declarations (EPD's) for most conventional construction materials, it's now possible to calculate the approximate tons of CO₂e emitted from the construction of our buildings. This is done using a "carbon pallet" tool developed by the presenter, which will be demonstrated and shared with attendees. We'll see how design changes impact the carbon tally and examine how "biogenic carbon" can reduce net carbon emissions – or even make a building carbon negative.

Agenda

- The Big Picture
- LCAs, PCRs and EPDs
- Structural Carbon Pallet
- Example Building
- Advanced Ideas
- Questions

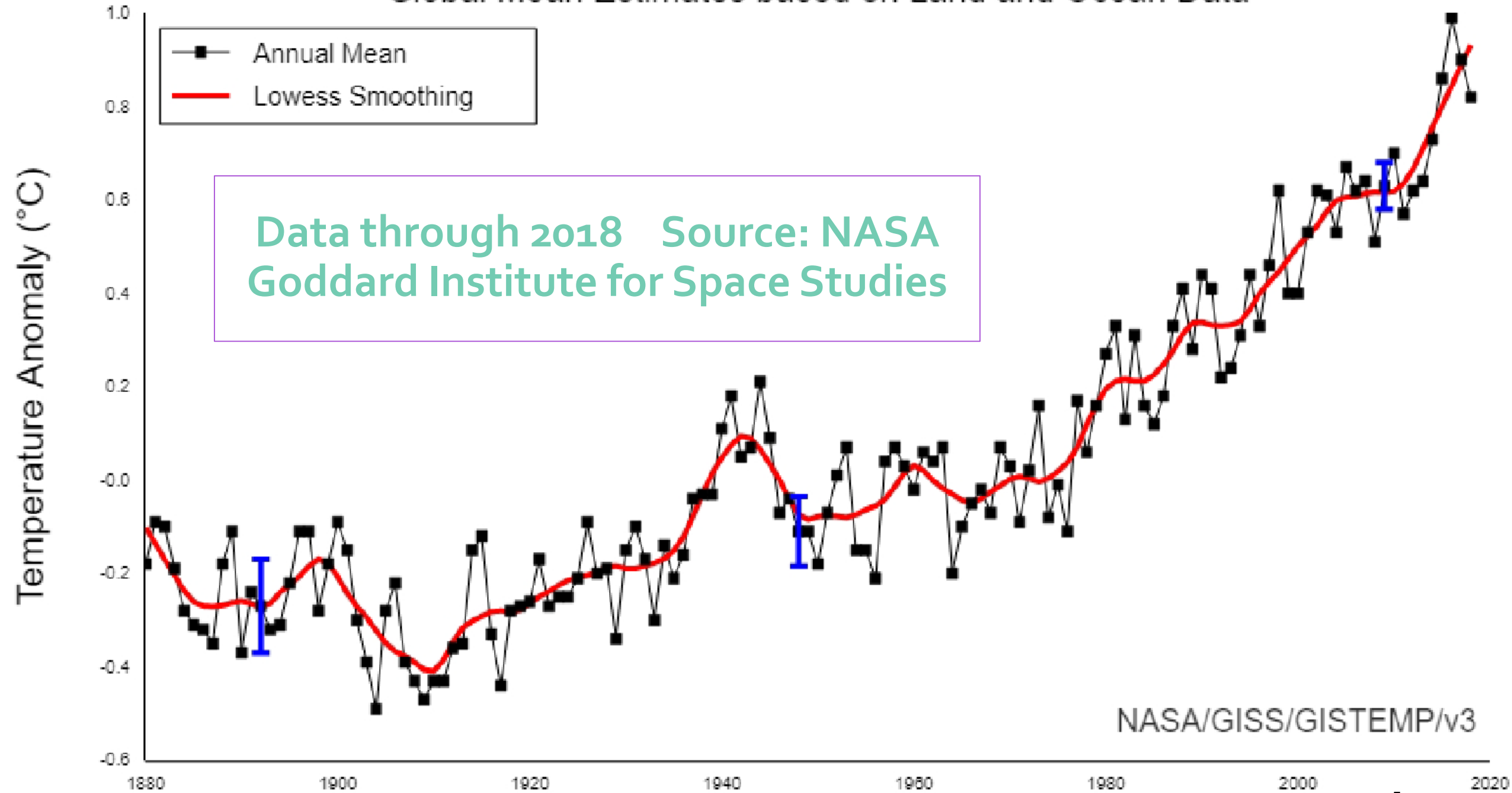




Carbon Counts!
Calculating the carbon content of commercial construction

The Big Picture

Global Mean Estimates based on Land and Ocean Data

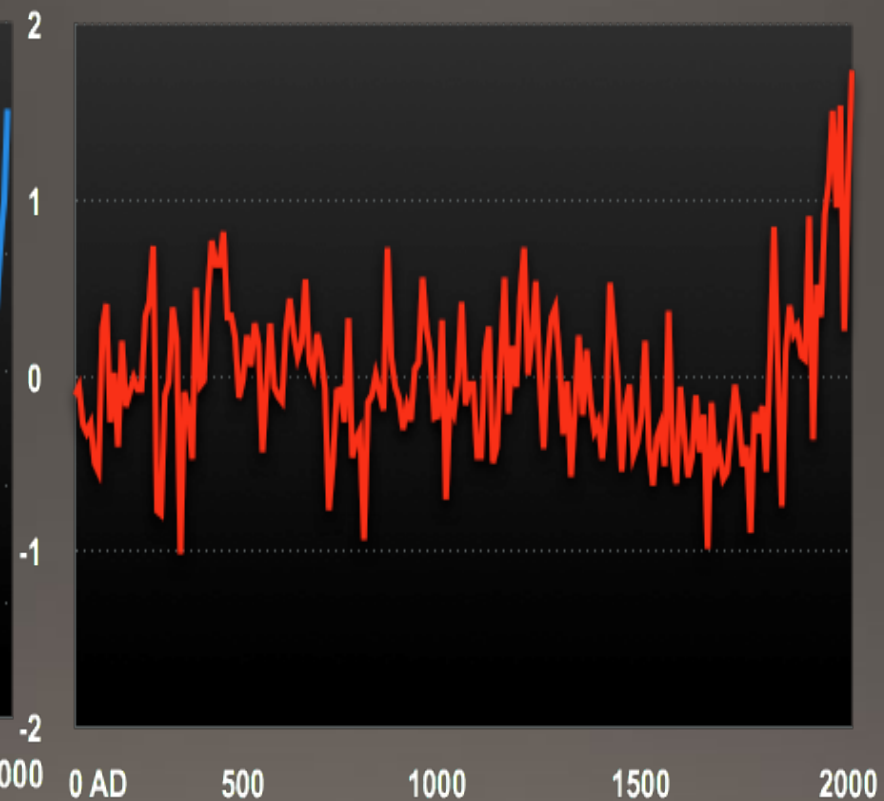


2000 Years of CO₂ and Global Temperature

CO₂ Concentration

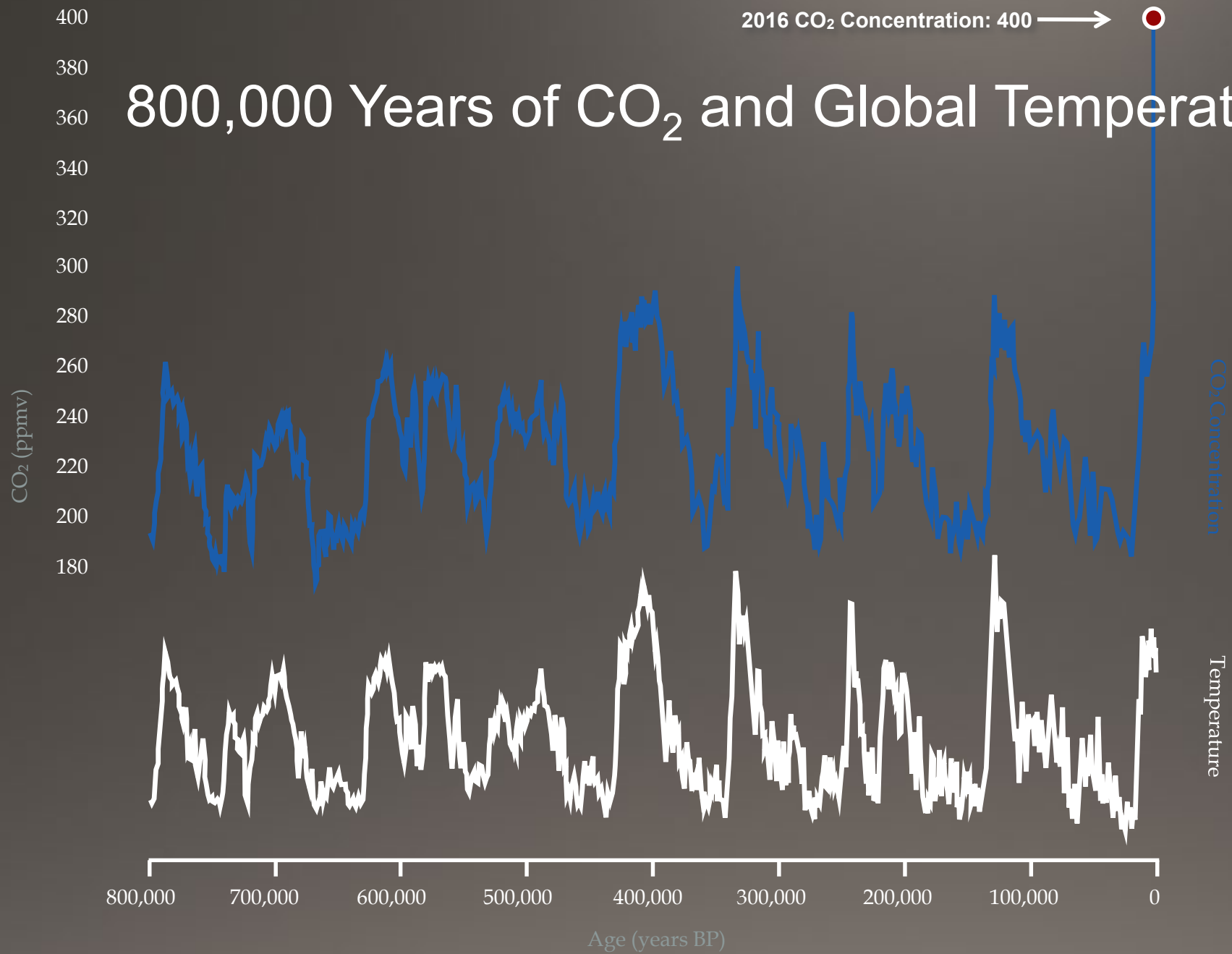


Temperature

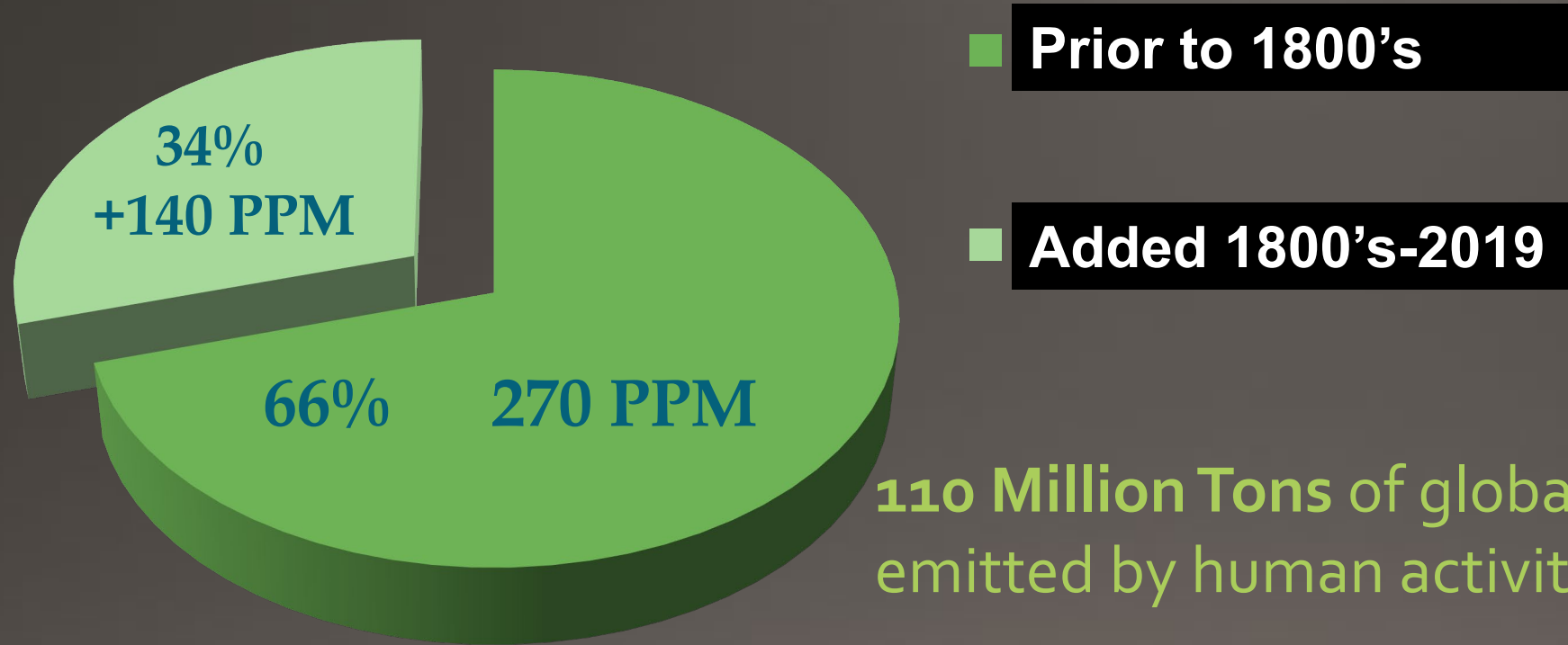


Source: (Temperature) Thompson, et al., Abrupt Tropical Climate Change: Past and Present, *Proc. Natl. Acad. Sci. USA*, vol. 103, no. 28 (CO₂) Australian Academy of Science; Etheridge, et al. (2006), Law Dome CO₂, CH₄ and N₂O ice core records extended to 2000 years BP, *Geophysical Research Letters* 33

800,000 Years of CO₂ and Global Temperature



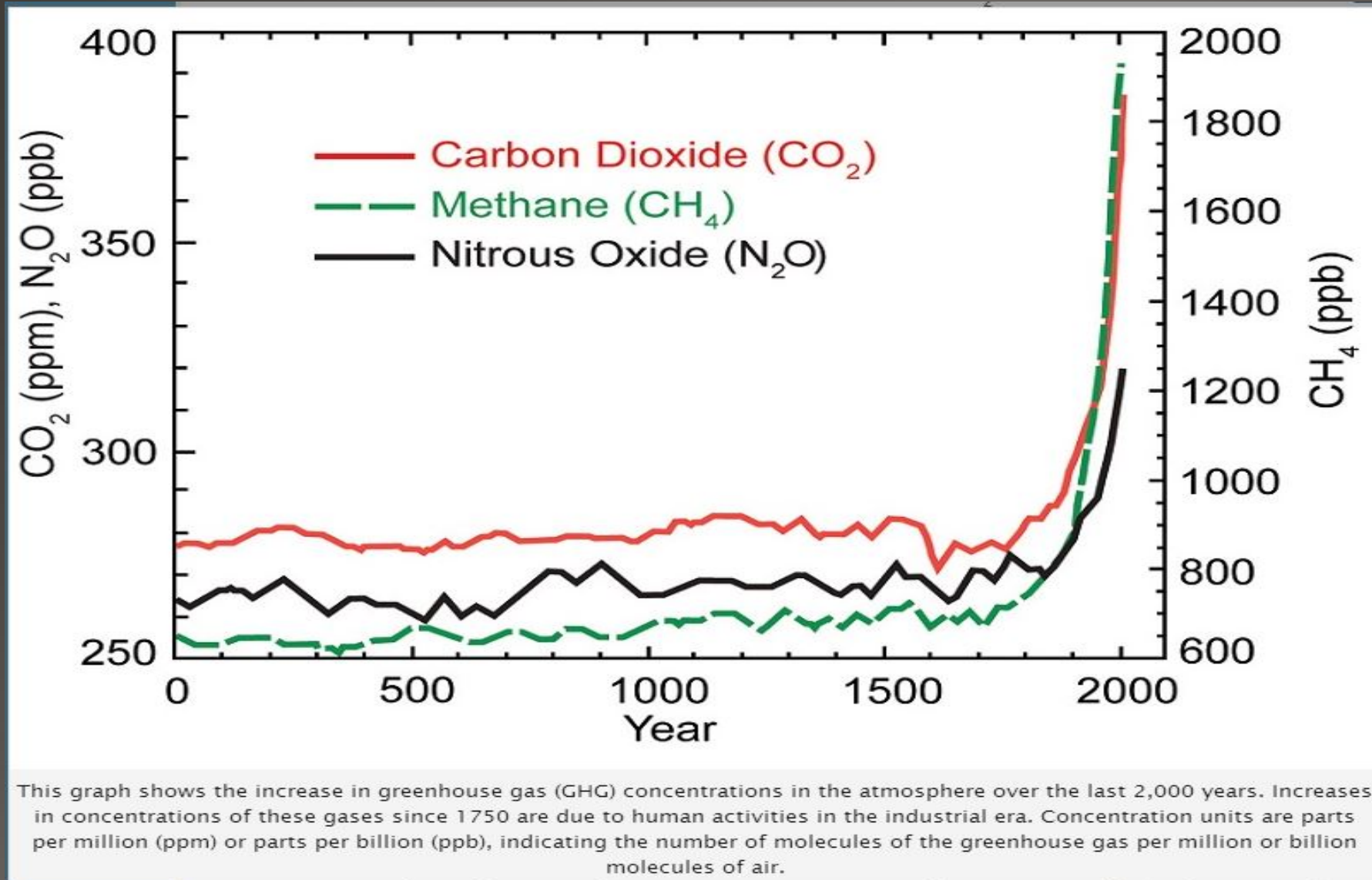
CO₂ Increase Since 1800's



110 Million Tons of global warming gases emitted by human activities every day

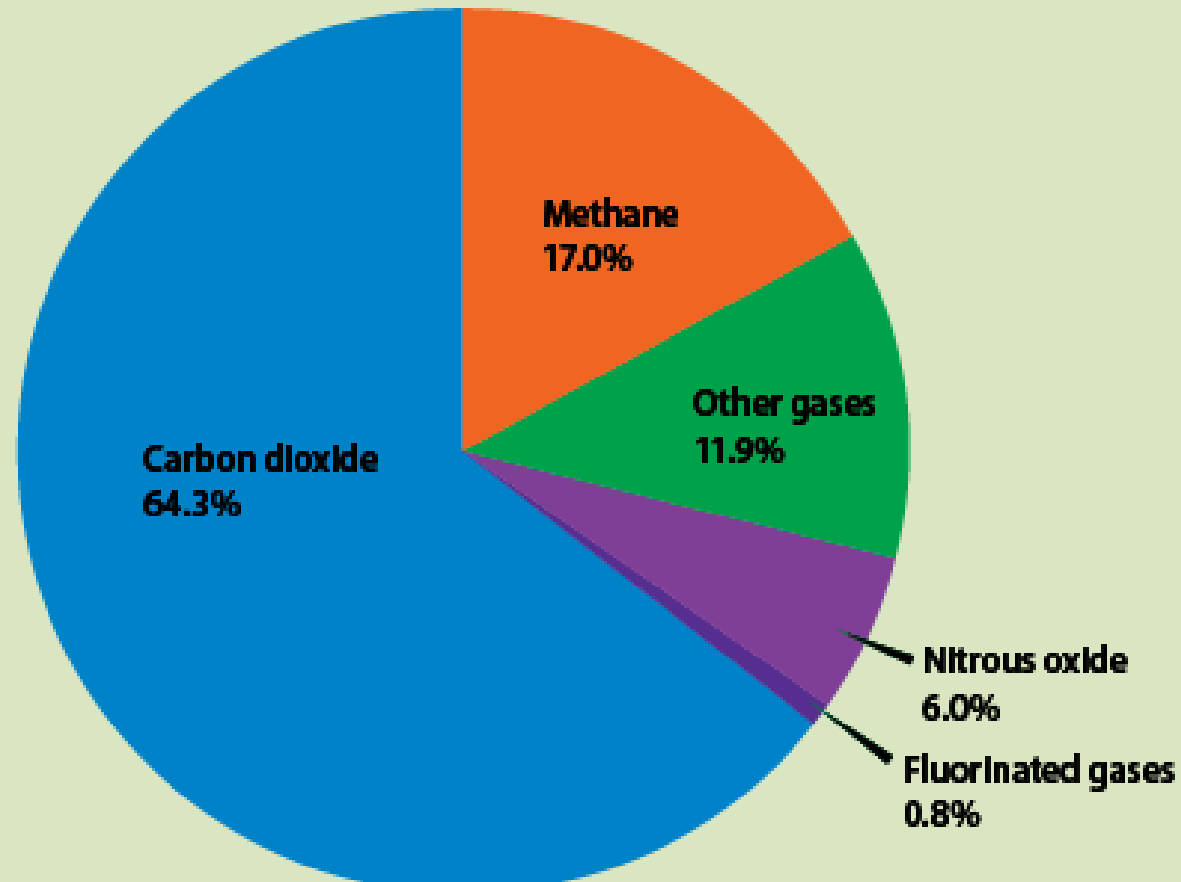
270 ppm to 410 ppm = 52% increase in CO₂

Atmospheric CO₂ eq



US - GWP Gas Emissions 2014

Major Greenhouse Gases from People's Activities




<https://archive.epa.gov/climatechange/kids/basics/today/greenhouse-gases.html>



Climate Leadership and Community Protection Act

- Requires the state to cut **60%** of its statewide carbon emissions (from 1990 levels) by **2030** (or a 40% reduction) and **15%** by **2050** (or an 85% reduction) with that remaining 15% from carbon credits.
- NYS is required to produce **70%** of its electricity production from renewable sources by **2030**.
- Carbon emissions in the electricity sector are to be eliminated by **2040**.
- A 22-member climate council made of state agency representatives is charged with ensuring it happens.
- At least **35%** of funds from the state's clean energy program are to go toward disadvantaged communities which will be identified by the Department of Environmental Conservation.
- See www.nyrenews.org/what-we-do/

Environmental Product Declaration



NRMCA MEMBER INDUSTRY-WIDE EPD FOR READY MIXED CONCRETE

www.nsf.org

ENVIRONMENTAL PRODUCT DECLARATION
FABRICATED HOT-ROLLED STRUCTURAL SECTIONS
 AMERICAN INSTITUTE OF STEEL CONSTRUCTION




The United States structural steel industry annually supplies, fabricates and erects structural steel framing for more than 10,000 buildings, bridges and industrial projects through a network of producers, service centers, steel fabricators and erectors.

Long committed to the principles of sustainable manufacturing, the industry remains the world leader in the use of recycled materials and end-of-life recycling, with the recycled content of hot-rolled structural steel beams and columns produced at US mills averaging in excess of 95% and an end-of-life recovery rate of 96%.

The American Institute of Steel Construction is a not-for-profit technical institute and trade association established in 1921 to serve the structural steel design community and construction industry. AISC currently represents 3 producers of hot-rolled structural steel sections and over 800 structural steel fabricators in the US.

Hot-rolled structural steel sections complying with the definition of structural steel in AISC 308-10 produced in the United States and fabricated by an AISC member fabricator.

Use of this EPD is limited to AISC members. Member names are available on-line at www.aisc.org/epd



ENVIRONMENTAL PRODUCT DECLARATION
NORTH AMERICAN SOFTWOOD LUMBER
 AMERICAN WOOD COUNCIL
 CANADIAN WOOD COUNCIL




The American Wood Council (AWC) and the Canadian Wood Council (CWC) are pleased to present this Environmental Product Declaration (EPD) for North American softwood lumber. This EPD was developed in compliance with ISO 14040 and ISO 14045 and has been verified under UL Environment's EPD program.

The EPD includes Life Cycle Assessment (LCA) results for all processes up to the point that planed and dry lumber is packaged and ready for shipment at the manufacturing gate; the enable-to-gate product system includes forest management, logging, transportation of logs to lumber mills, sawing, kiln-drying, and planing.

The AWC and CWC represent wood product manufacturers across North America. Our organizations have undertaken numerous sustainability initiatives on behalf of our membership and we are pleased to present this document to show how we are doing. The publication of this EPD, which is based on rigorous LCA research, is our effort to back up with science what we know to be true – that wood products stand alone as a green building material.

Please follow our sustainability initiatives at www.awc.org or www.cwc.ca



Carbon Counts!
 Calculating the carbon content of commercial construction

LCAs, PCRs, EPDs

Confusing Terms

- Embodied Energy
- Embodied Carbon
- Carbon Sequestration

- Carbon Footprint
- CO₂eq or CO₂eq₁₀₀
- Biogenic Carbon
- LCAs, PCRs, EPDs

Definitions

- LCA – Life Cycle Assessment
- PCR – Product Category Rules
- EPD – Environmental Product Declaration

- $\text{CO}_2\text{eq}_{100}$

The global warming potential (GWP) of different greenhouse gases over a 100-year period, a.k.a. CDE100

Life Cycle Assessment (LCA) Ranges

- Cradle-to-Gate (fab shop, lumber yard, batch plant)
- Cradle-to-Service (incl. shipping, constr., waste)
- Cradle-to-Grave
- Cradle-to-Cradle

Product Stage			Construction Stage		Use Stage					End-of-Life Stage				Benefits & Loads
A1	A2	A3	A4	A5	B1	B2	B3	B4	B5	C1	C2	C3	C4	D
Raw materials supply	Transport	Manufacturing	Transport	Installation	Use	Maintenance	Repair	Replacement	Refurbishment	De-construction	Transport	Waste processing	Disposal	Reuse, recovery, recycling potential
<i>EXCLUDED FROM THIS STUDY</i>														

CARBON PALLET		Pounds of CO ₂ eq emitted per pound of building material									
Jim D'Almeida jda@skhs.com		Updated 6-Jul-2019									
CARBON PALLET - STRUCTURAL MATERIALS											
Credits to GreenSource - Timber & Building											
MATERIAL	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	Gr. CO ₂ eq/lb	URL Reference, or Note
Division 3	Concrete with 500 lbs/CF Portland cement	145	0.13	%	%	0.14					www.nrc.ca/structmaterials/EPD/Concrete/
	Concrete with 400 lbs/CF Portland cement	145	0.10	%	%	0.11					www.nrc.ca/structmaterials/EPD/Concrete/
	Concrete with 300 lbs/CF Portland cement	145	0.08	%	%	0.09					www.nrc.ca/structmaterials/EPD/Concrete/
	Grade 60 Reinforcing Bars	495	0.55	%	%	0.54					www.stm.com/CONTENT/DOCUMENTS/5253.EPD_For_Concrete_Reinforcing_Steel.pdf
Division 4	CMU 8" thick	55	0.10	%	%	0.11					Assume similar to concrete with 400 lbs. of cement per cubic yard. Only EPD from individual manufacturer like Ansel Block.
	CMU 10" thick	65	0.10	%	%	0.11					Assume similar to concrete with 400 lbs. of cement per cubic yard (proportion 3:1:3)
	Cementitious grout	145	0.16	%	%	0.18					Assume similar to concrete with 450 lbs. of cement per cubic yard (proportion 3:1:3)
Division 5	Structural Steel - Wide Flange sections	495	1.16	%	%	1.23					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
	Structural Steel - Fabricated steel plate	495	1.47	%	%	1.62					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
	Steel - HSS (wall)	495	1.74	%	%	1.94					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
	Steel - web stiffener (from above 2H)	495	1.25	%	%	1.33					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
	Open-Web Steel Joist	495	1.38	%	%	1.52					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
	Cold-Formed Steel Stud & Track	495	2.20	%	%	2.53					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
	Steel Deck w/ Floor Deck	495	2.37	%	%	2.61					http://www.nrc.ca/structmaterials/EPD/Steel/1001.1_steel.pdf
Division 6	WOOD - ASSUMING NO BIOGENIC CARBON										
	Softwood Lumber 192 m ³ content	32	0.14	10%	10%	0.17					http://www.nrc.ca/structmaterials/EPD/SoftwoodLumber/192222.pdf
	Softwood Plywood 192 m ²	36	0.23	10%	10%	0.25					http://www.nrc.ca/structmaterials/EPD/SoftwoodPlywood/192222.pdf
	Oriented Strand Board (OSB) 192 m ²	44	0.25	10%	10%	0.42					http://www.nrc.ca/structmaterials/EPD/OSB/192222.pdf
	Glue Laminated Timber 192 m ³	39	0.32	10%	10%	0.37					http://www.nrc.ca/structmaterials/EPD/OSB/192222.pdf
	Wood Joist 192 m ²	38	0.48	%	%	0.52					http://www.nrc.ca/structmaterials/EPD/Joist/192222.pdf
	Hardie Pl-Lam CLT 192 m ²	31	0.25	%	%	0.26					http://www.nrc.ca/structmaterials/EPD/Joist/192222.pdf
Division 6	WOOD - INCLUDING BIOGENIC CARBON, REDUCED FOR END-OF-SERVICE LIFE										
	Softwood Lumber 192 m ³ content	32	(0.94)	10%	10%	(0.77)					http://www.nrc.ca/structmaterials/EPD/SoftwoodLumber/192222.pdf
	Softwood Plywood 192 m ²	36	(0.53)	10%	10%	(0.65)					http://www.nrc.ca/structmaterials/EPD/SoftwoodPlywood/192222.pdf
	Oriented Strand Board (OSB) 192 m ²	44	(0.97)	10%	10%	(0.55)					http://www.nrc.ca/structmaterials/EPD/OSB/192222.pdf
	Glue Laminated Timber 192 m ³	39	(1.09)	10%	10%	(0.75)					http://www.nrc.ca/structmaterials/EPD/OSB/192222.pdf
	Wood Joist 192 m ²	38	(1.63)	%	%	(0.52)					http://www.nrc.ca/structmaterials/EPD/Joist/192222.pdf
	Hardie Pl-Lam CLT 192 m ²	31	(0.94)	%	%	(0.67)					http://www.nrc.ca/structmaterials/EPD/Joist/192222.pdf
Other	Straw bale	7.0	0.01	%	%	0.01					
	Baling wire/Net	495	2.53	%	%	2.41					
	Cement plaster/Block	60	0.45	%	%	0.53					
	Brick	127	0.16	%	%	0.17					
	Fiberglass Batt	1.0	1.40	%	%	1.54					
	Mineral Fiber	4.0	1.50	%	%	1.24					
	EPS	1.0	2.90	%	%	3.99					
	IPF	2.0	120.00	%	%	132.00					
	Exposed Gypsum Board 480 GFS	1.5	18.70	%	%	43.17					http://www.usgcorp.com/NetworkShare/FIS/10011927/20EPD/20-2004HVLBR/20040101.pdf
	Polystyrene Insulation	2.0	2.20	%	%	2.53					
	Clay or Gull HFC-Blown polystyrene	2.0	120.00	%	%	132.00					
	2x4 Composite Joists	120	0.35	%	%	0.94					
	2x4 Gypsum Sheathing	45	0.15	%	%	0.15					
NOTES											
Uncolored lines are either data without documents or our calculations											
Calculations by J. D'Almeida based on EPD data.											
9% waste and 5% construction are placed here only. Better to include something than to completely ignore these emissions. No industry-wide data is available. Also, these amounts vary between projects.											
1 cubic foot of concrete weighs approx. 150 lb.											
Density of steel is 0.283 lb./cubic inch.											

Carbon Counts!
Calculating the carbon content of commercial construction

Structural Carbon Pallet

Gasoline

a.k.a. Petrol a.k.a. Motor Spirit

- Weighs 6.30 lbs./gallon
- Combustion of 1 gallon produces about 20 lbs. of CO₂!



$$12 + (2)(16) = 44$$

- “Cradle-to-gate” 1 gallon → 5 lbs. CO₂
- Combustion 1 gallon → 20 lbs. CO₂
- “Well to wheel” 1 gallon → **25 lbs. CO₂** **4X its weight**

Jobsite Emissions

Gasoline – 25 lbs. CO₂ /gallon (“well to wheel”)

Hypothetical Labor Situation

12 workers, driving
12 trucks that get
12 mpg,
12 miles to and from jobsite, for
12 weeks....

$$12 \cdot 25 \text{ lbs. CO}_2/\text{g}/12 \text{ mi./g} \cdot 12 \text{ mi.} \cdot 12 \cdot 5 =$$

18,000 lbs. CO₂

CO₂e of Portland Cement

Production of Portland cement accounts for 6 to 8%* of the worldwide anthropogenic CO₂

- About half is a byproduct of the chemical reaction
- About half is produced by heating - 2,700 °F

1 ton of Portland cement produces just under 1 ton of CO₂

Global production of Portland cement is 5% per year

200,000 metric tonnes of CO₂ emitted by producers every hour



* - the actual percentage is subject to debate

Portland cement plant in Alpena, MI

Carbon Pallet - Concrete

- NRMCA EPD's updated Oct. 2016 cradle-to-gate
 - <http://www.nrmca.org/sustainability/EPDProgram/>
 - Approximations
 - 1.0 lb. CO₂ for every 1 lb. of Portland cement in mix *
 - 0.1 lb. CO₂ for every 1 lb. of concrete placed *
 - Varies from about 350 to 800 lbs. per cubic yard *

* - Not including delivery to jobsite, placement, forms, waste, end-of-life impacts.

Carbon Pallet – Steel

www.asce.org/epd

- AISC EPD's – May 2016 – Cradle to Gate
 - Hot rolled sections – 1.16 lbs./lb. *
 - Hollow structural sections – 1.76 lbs./lb. *
 - Steel plate – 1.47 lbs./lb. *
- **Estimate 1.5 lbs./lb. structural steel**
- Sheet metal – 2.37 lbs./lb. *

* - Not including delivery to jobsite, erection, scaffolding, waste, and end-of-life impacts.

Wood – Greenhouse Gas Emissions

- Sourcing is highly variable
 - Transportation of forest products
 - Management of forest
- Complexity of natural carbon cycle
- Include footprint of construction waste?
- Value of wood's sequestration of carbon in a long-lived and durable building?



<http://owic.oregonstate.edu>

Carbon Pallet - Wood

- AWC EPD's – Apr 2013 – Cradle to Gate
 - <http://awc.org/greenbuilding/epd>
 - Softwood Lumber – 0.15 lbs. CO₂e/lb. wood *

* - Not including delivery to jobsite, erection, scaffolding, waste, sequestration, end-of-life impacts.

www.realoutdoorliving.org



CARBON PALLET - STRUCTURAL MATERIALS					
		Cradle-to-Gate	Cradle-to-Finished-Building		
MATERIAL	lbs./c.f.	lbs. CO₂eq/lb.	Waste Est.	Constr. Est.	lbs. CO₂eq/lb.
Concrete with 500 lbs/CY Portland cement	145	0.13	5%	5%	0.14
Concrete with 400 lbs/CY Portland cement	145	0.10	5%	5%	0.11
Concrete with 300 lbs/CY Portland cement	145	0.08	5%	5%	0.09
Grade 60 Reinforcing Bars	495	0.85	5%	5%	0.94
CMU: 8" thick	55	0.10	5%	5%	0.11
CMU: 10" thick	65	0.10	5%	5%	0.11
Cementitious grout	145	0.16	5%	5%	0.18
Structural steel - Wide Flange sections	495	1.16	5%	5%	1.28
Structural steel - Fabricated steel plate	495	1.47	5%	5%	1.62
Steel - HSS (avg)	495	1.76	5%	5%	1.94
Steel - avg. bldg project (from above 3 lines)	495	1.25	5%	5%	1.38
Open-Web Steel Joists	495	1.38	5%	5%	1.52
Cold-formed steel framing	495	2.30	5%	5%	2.53
Steel Roof and Floor Deck	495	2.37	5%	5%	2.61

CARBON PALLET - STRUCTURAL MATERIALS					
		Cradle-to-Gate	Cradle-to-Finished-Building		
MATERIAL	lbs./c.f.	lbs. CO₂eq/lb.	Waste Est.	Constr. Est.	lbs. CO₂eq/lb.
WOOD - ASSUMING NO BIOGENIC CARBON					
Softwood Lumber 19% moisture content	32	0.14	10%	10%	0.17
Softwood Plywood 19% m.c.	36	0.23	10%	10%	0.28
Oriented Strand Board (OSB) 19% m.c.	44	0.35	10%	10%	0.42
Glued-Laminated Timber 19% m.c.	39	0.32	10%	5%	0.37
Wood I-Joists 19% m.c.	38	0.48	5%	5%	0.53
Nordic X-Lam CLT 19% m.c.	31	0.25	5%	5%	0.28
WOOD - INCLUDING BIOGENIC CARBON, REDUCED FOR END-OF-SERVICE LIFE					
Softwood Lumber 19% moisture content	32	(0.94)	10%	10%	(0.77)
Softwood Plywood 19% m.c.	36	(0.88)	10%	10%	(0.60)
Oriented Strand Board (OSB) 19% m.c.	44	(0.97)	10%	10%	(0.55)
Glued-Laminated Timber 19% m.c.	39	(1.09)	10%	5%	(0.72)
Wood I-Joists 19% m.c.	38	(1.06)	5%	5%	(0.53)
Nordic X-Lam CLT 19% m.c.	31	(0.94)	5%	5%	(0.67)

CO₂eq's of Other Materials & Systems

- Exteriors: bricks, rainscreen panels
- Interiors: finishes and furnishings
- Fenestration
- Insulation
- MEP, FP equipment, elevators, process equipment, etc.
- Sitework: asphalt, concrete, grading
- Construction equipment & services
- Design-phase emissions
-and Operations

Insulation Material	R-value R/inch	Density lb/ft ³	Emb. E MJ/kg	Emb. Carbon kgCO ₂ /kg	Emb. Carbon kgCO ₂ /ft ² •R	Blowing Agent (GWP)	Bl. Agent kg/kg foam	Blowing Agent GWP/bd-ft	Lifetime GWP/ft ² •R
Cellulose (dense-pack)	3.7	3.0	2.1	0.106	0.0033	None	0	N/A	0.0033
Fiberglass batt	3.3	1.0	28	1.44	0.0165	None	0	N/A	0.0165
Rigid mineral wool	4.0	4.0	17	1.2	0.0455	None	0	N/A	0.0455
Polyisocyanurate	6.0	1.5	72	3.0	0.0284	Pentane (GWP=7)	0.05	0.02	0.0317
Spray polyurethane foam (SPF) – closed-cell (HFC-blown)	6.0	2.0	72	3.0	0.0379	HFC-245fa (GWP=1,030)	0.11	8.68	1.48
SPF – closed-cell (water-blown)	5.0	2.0	72	3.0	0.0455	Water (CO ₂) (GWP=1)	0	0	0.0455
SPF – open-cell (water-blown)	3.7	0.5	72	3.0	0.0154	Water (CO ₂) (GWP=1)	0	0	0.0154
Expanded polystyrene (EPS)	3.9	1.0	89	2.5	0.0307	Pentane (GWP=7)	0.06	0.02	0.036
Extruded polystyrene (XPS)	5.0	2.0	89	2.5	0.0379	HFC-134a ¹ (GWP=1,430)	0.08	8.67	1.77

GWP of Insulation Types

New options: GPS rigid insulation and rigid-board phenolic foam!

Source: BuildingGreen

1. XPS manufacturers have not divulged their post-HCFC blowing agent, and MSDS data have not been updated. The blowing agent is assumed here to be HFC-134a.

XPS and Global Warming

As of 2018 most Extruded Polystyrene (**XPS**) produced in the U.S. uses HFC 134a as a blowing agent. This gas has a GWP rating (over 100 years) of **1,430** - it has 1,430 times more global warming potency than CO₂. The gas never breaks down, remaining active in the atmosphere for thousands of years.

The EPA has drafted a policy curtailing its use, but its adoption is on hold. Alternates to this blowing agent are available, and used in the EU, but they are more expensive.



Carbon Counts!
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Example Building

100,000 sf, 10-Story Mixed-Use Building Conventional Construction – structure only

- 20 ga. steel roof deck
- Open-web steel roof joists
- Structural steel framing w/concrete shear walls
- Composite steel deck floors
- Cold-formed steel wall studs
- 5" conc. 1st floor slab on grade
- Strip footings + foundation walls
- Interior spread footings



100,000 sf, 10-Story Mixed-Use Building

Conventional Construction – structure only`

MATERIAL						lbs. CO2eq/lb.	lbs. CO2eq	
20 ga. steel roof decking	10,000	sf	2.2	psf	22,000	lbs.	2.61	57,420
Open-web steel roof joists	10,000	sf	2.7	psf	27,000	lbs.	1.52	41,040
Structural steel framing (incl. shear conn's)	100,000	sf	8.7	psf	870,000	lbs.	1.38	1,200,600
Composite steel floor decking	90,000	sf	2.3	psf	207,000	lbs.	2.61	540,270
Cold-formed steel wall studs	150,000	sf	0.4	psf	60,000	lbs.	2.53	151,800
Shear walls, 80 lf, 12"t, 4000 psi	9,600	sf	356	cy	1,386,667	lbs.	0.14	194,133
2-10th fl. conc - 3.5" eff. t, 4000 psi	90,000	sf	972	cy	3,791,667	lbs.	0.14	530,833
1st floor conc slab - 5" 4000 psi	10,000	sf	154	cy	601,852	lbs.	0.14	84,259
Strip ftgs, fd'n walls, 4000 psi	2,704	sf	160	cy	623,362	lbs.	0.14	87,271
Int. ft'gs, piers 12 x 8'x8'x18", 4000 psi	768		51	cy	199,680	lbs.	0.14	27,955
Steel rebar, assume 0.7% conc vol.	2.6	cy	69	cf	34,733	lbs.	0.94	<u>32,649</u>
							2,948,231	lbs. CO2
							29.48	psf

Incremental Improvements

- Reduction of steel roof deck gage
- Optimized structural steel framing
- Supplemental Cementitious Materials (SCM) – cement redux
- Reduced concrete strength – Portland cement redux
- Frost-protected shallow foundations (FPSF)
- Wood wall studs

100,000 sf, 10-Story Mixed-Use Building

Incremental Improvements – structure only

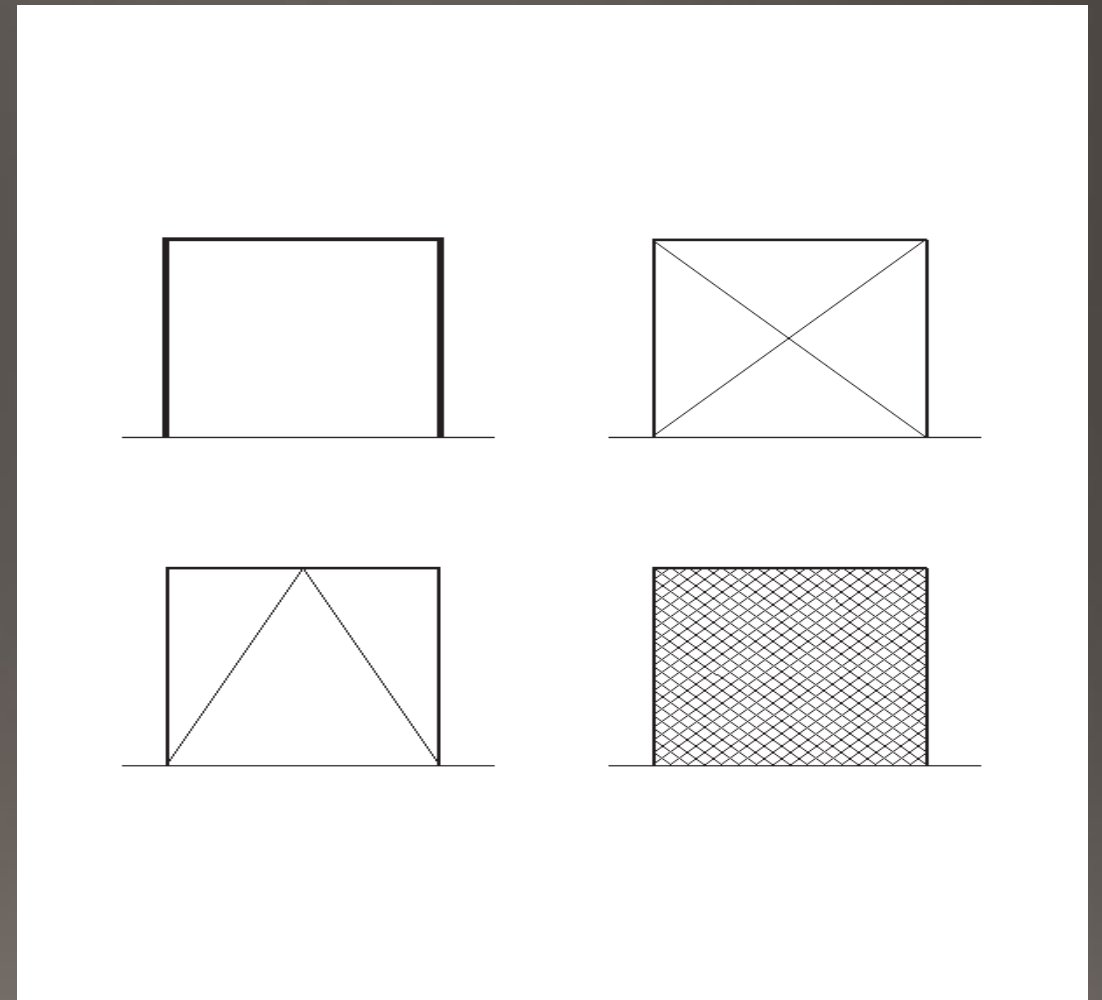
- 20 ga. steel roof deck → 22 ga. steel roof deck
- Open-web steel roof joists
- Structural steel framing → 10% material optimized
- 2nd floor composite steel deck → 20% SCM, cement redux
- Cold-formed steel wall studs → Wood wall studs
- 5" conc. 1st. floor slab on grade → 4", 20% SCM, cement redux
- Strip footings + foundation walls → FPSF, 20% SCM, cem. redux
- Interior spread footings → 20% SCM, cement redux

Steel Lateral Bracing Systems

Steel Moment Frames require more steel material per service unit than braced frames.

Braced frames can be designed in a variety of configurations.

Consider Hybrid Masonry/Steel Frames.



Supplementary Cementitious Materials (SCMs)

● Fly Ash

- Byproduct of coal-fired electric and steam generating plants
- Type C and Type F - both used for concrete
- 15 - 25% cement replacement, typical

● Ground Granulated Blast-Furnace Slag (GGBFS)

- Co-generated during the refinement of iron from iron ore
- Must be ground to cement-grain fineness
- Effect on concrete is similar to Fly Ash
- 25 - 50% cement replacement, typical

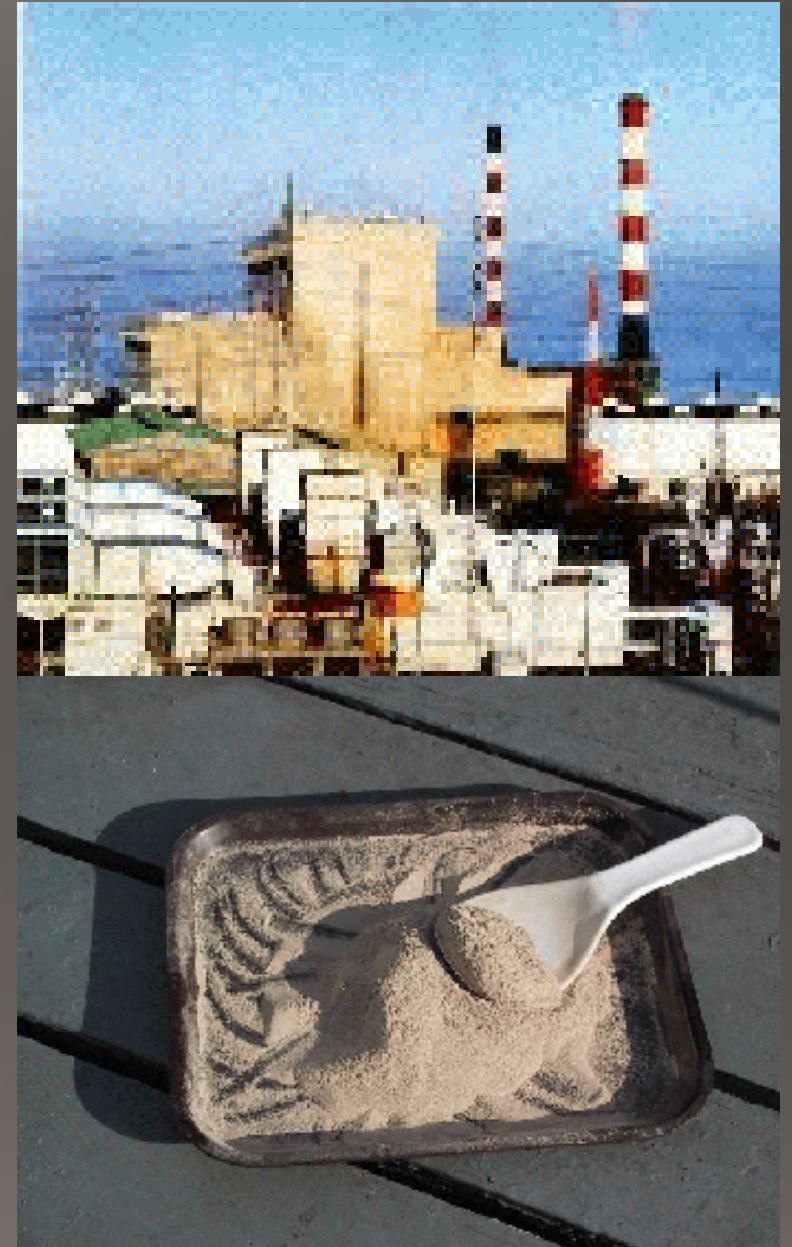
Others

- Silica Fume
- Rice Hull
- Ground Glass
- More

Fly Ash

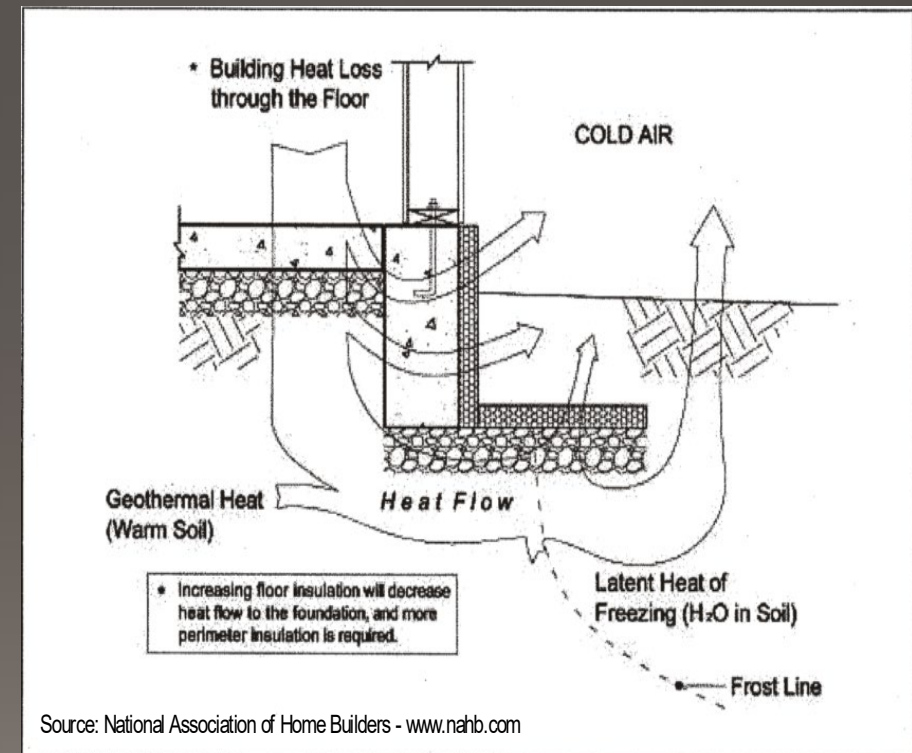
Types C or F

- The use of fly ash in concrete:
 - Reduces permeability
 - Slightly delays strength gain
 - Slightly reduces shrinkage
 - Reduces heat of hydration
 - Increases workability
 - Increases resistance to ASR
 - Slightly higher ultimate strength
 - Reduces and delays bleeding
- Other Effects
 - Reduces the amount of CO₂ generated
 - Reduces the amount of waste disposed in landfills
 - May reduce cost



Frost-Protected Shallow Foundations

- Strategically placed rigid insulation and drainage fill
- Reduces depth of excavation, backfill, foundation material
- Schemes for both heated and unheated buildings and elements



Frost-Protected Shallow Foundations

LEFT:

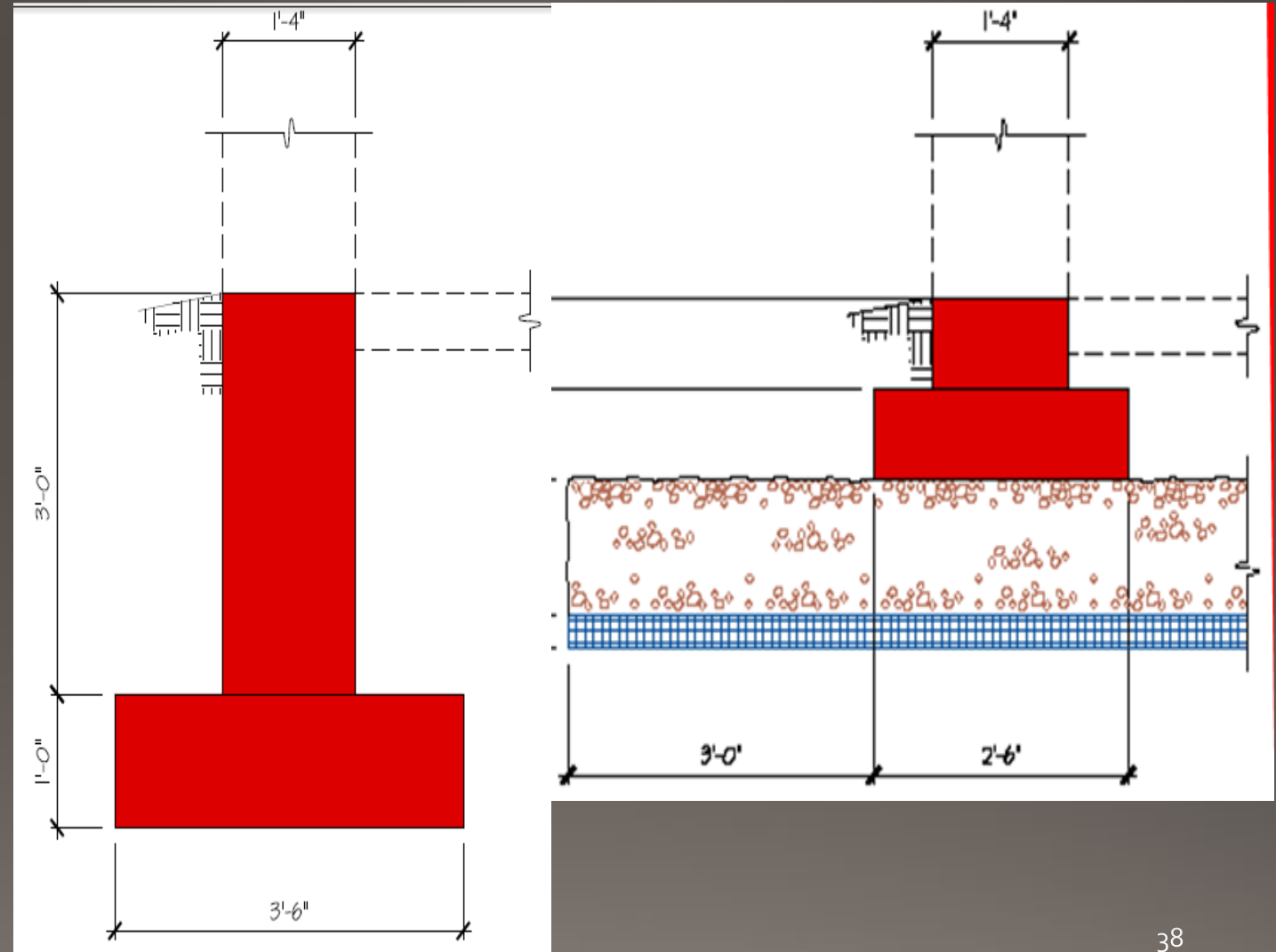
Conv. Ftg/fdn wall

$A_{conc} = 7.5 \text{ sf/ft.}$

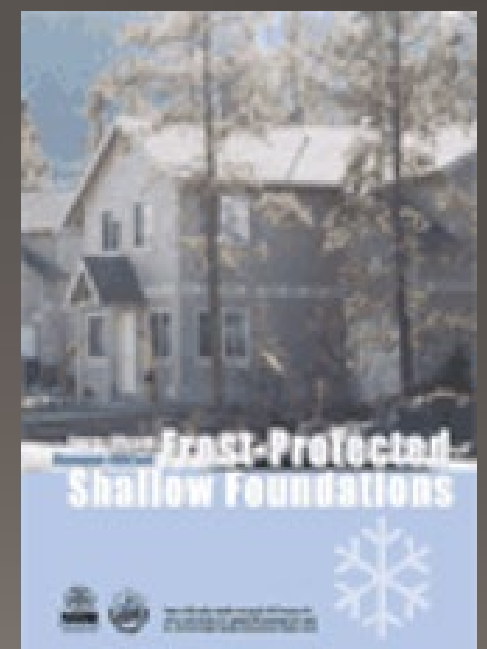
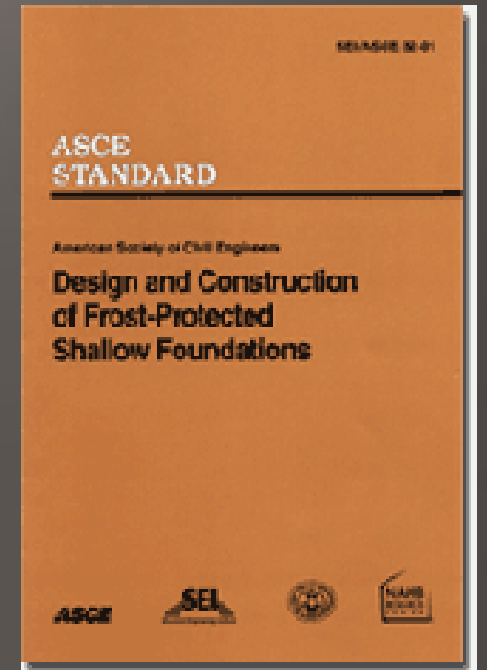
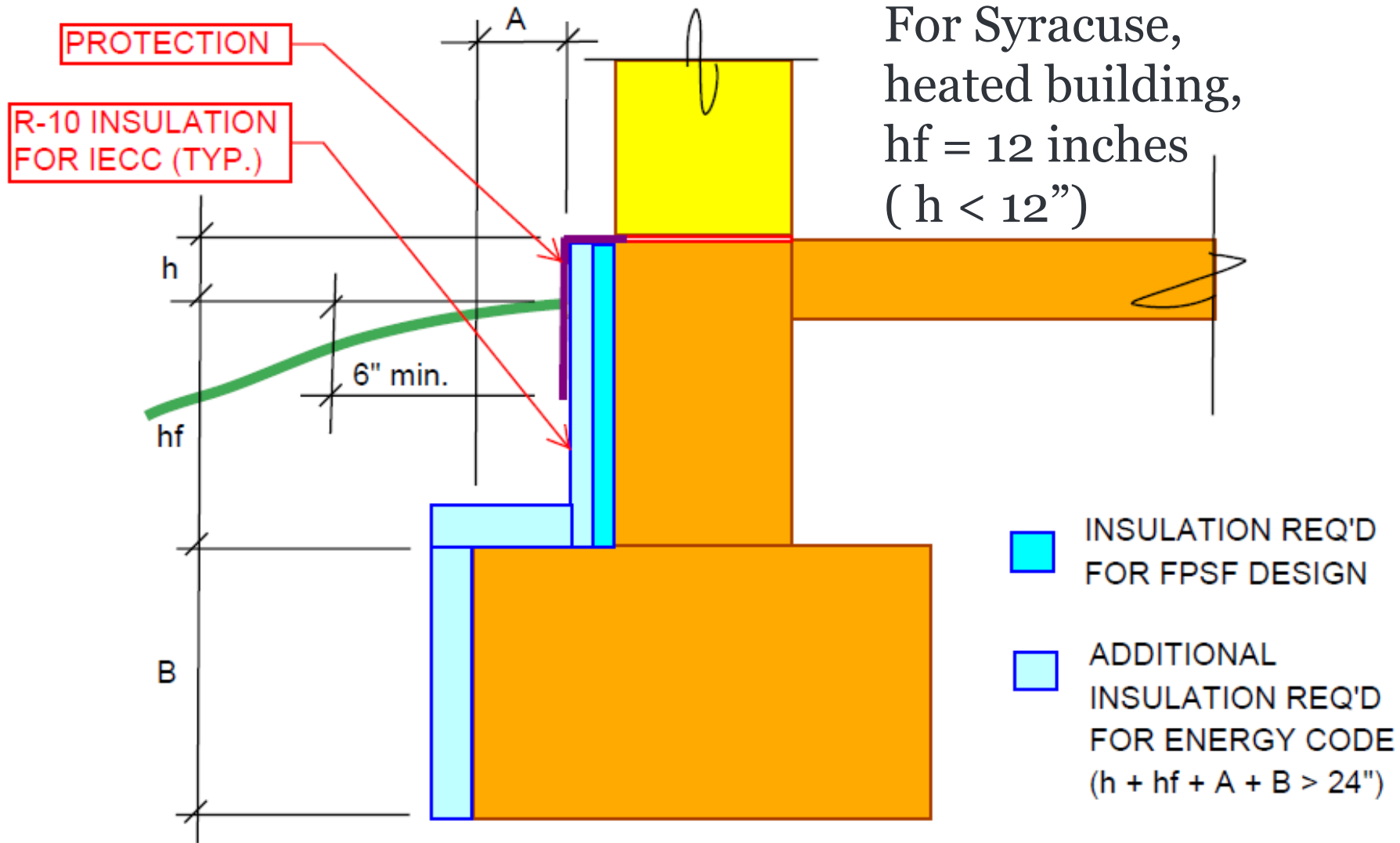
RIGHT: FPSF

$A_{conc} = 2.6 \text{ sf/ft.}$

65% redux of conc!



FPSF and Energy Code Thermal Design

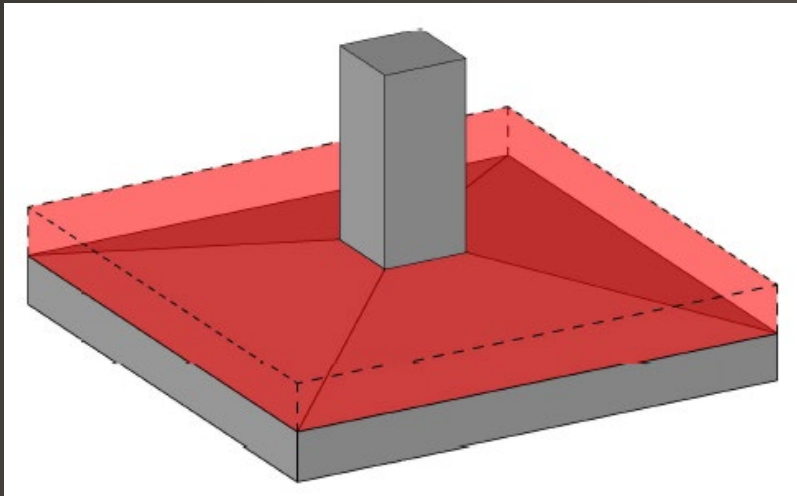


100,000 sf, 10-Story Mixed-Use Building

EZPZ Incremental – structure only

MATERIAL							lbs. CO2eq/lb.	lbs. CO2eq	
22 ga. steel roof decking	10,000	sf	1.8	psf	18,000	lbs.	2.61	46,980	
Open-web steel roof joists	10,000	sf	2.6	psf	26,000	lbs.	1.52	39,520	
Structural steel framing (19% optimized)	100,000	sf	7.9	psf	790,000	lbs.	1.38	1,090,200	
Composite steel floor decking	90,000	sf	2.3	psf	207,000	lbs.	2.61	540,270	
2x4 / 2x6 wall studs - 22% framing factor	150,000	sf	3.2	psf	484,000	lbs.	0.17	82,280	
Shear walls, 80 lf, 12"t, 4000 psi, 20% SCM	9,600	sf	356	cy	1,386,667	lbs.	0.11	152,533	
2-10th fl. conc - 3.5" eff. t, 3000 psi, 20% SCM	90,000	sf	972	cy	3,791,667	lbs.	0.09	341,250	
1st floor conc slab - 4" 3000 psi, 20% SCM	10,000	sf	123	cy	481,481	lbs.	0.09	43,333	
Strip ftgs, FPSF fd'n walls, 3500 psi, 20% SCM	1,664	sf	82	cy	319,673	lbs.	0.1	31,967	
Int. ft'gs, 12 x 8'x8'x18", 3500 psi, 20% SCM	768	sf	43	cy	166,400	lbs.	0.1	16,640	
Steel rebar, assume 0.7% conc vol.	8.5	cy	231	cf	116,012	lbs.	0.94	<u>109,051</u>	
								2,494,025	lbs. CO2
								24.94	psf

Concrete Optimization



Conventional spread footings require full depth at face of piers only. Top surfaces can be thinner at edges. 20% concrete redux.



Transformative Improvements

- **Wood framing**
 - Glulam, microlam, CLT
 - TGI floor and roof joists
 - Plywood / OSB floor and roof decking
- **Higher percentage of SCM** – greater cement redux
- Frost-protected shallow foundations (FPSF)
- **Optimized foundation design**



Cross-Laminated Timber

- Pre-manufactured laminated panels for walls, floors, roofs
- Solid wood resists heat flow, contributes to thermal mass
- Fire tests are encouraging
- Hybrid podium systems – lower levels of concrete or steel
- Other wood-based structural systems exist, including Woodcube, Massivtre



Cross-Laminated Timber

University of Massachusetts Design Building,
Amherst, MA

Structural Engineer: Simpson Gumpertz & Heger
Architect: Leers Weinzapfel



The Near Future (2022): CLT in the NE!

IBC 2021

Approved Dec 2019

- Type IV-A – Wood buildings up to 18 stories tall
- Type IV-B – Wood buildings up to 12 stories tall
- Type IV-C – Wood buildings up to 9 stories tall

● CLT Plant Opening in Maine



100,000 sf, 10-Story Mixed-Use Building

Transformative Improvements – structure only

- 20 ga. steel roof deck → **CLT decking**
- Open-web steel roof joists → **Glulam roof beams**
- Structural steel framing → **Glulam beams and columns**
- 2nd floor composite steel deck → **CLT decking w/conc. topping**
- Cold-formed steel wall studs → **CLT exterior walls**
- 5" conc. 1st. floor slab on grade → **4", 30% SCM, cement redux**
- Strip footings + foundation walls → **FPSF, 30% SCM, cem. redux**
- Interior spread footings → **30% SCM, cem. redux, opt.**

100,000 sf, 10-Story Mixed-Use Building

Transformative – structure only

MATERIAL							lbs. CO2eq/lb.	lbs. CO2eq	
5-ply CLT (6 7/8") roof and floor decking	100,000	sf	17.8	psf	1,776,042	lbs.	0.28	497,292	
7-ply CLT (9 5/8) wall panels 20% WWR	39,936	sf	24.9	psf	992,992	lbs.	0.28	278,038	
Glulam roof and floor beams - 5 1/2" x 14"	12,000	lf	20.9	plf	250,250	lbs.	0.37	92,593	
Glulam columns - est. 12 int, avg. 5 1/2" X 16"	1,440	lf	22.2	plf	31,964		0.37	11,827	
Steel composite floor ties	90,000	sf	1.2	psf	108,000		2.53	273,240	
Steel conn hardware for glulam, 10 lbs. ea.	1,680	pcs	10	lbs.	16,800		1.62	27,216	
2-10th fl. conc - 2" t, 3000 psi, 30% SCM	90,000	sf	556	cy	2,166,667	lbs.	0.08	173,333	
Shear walls, 80 lf, 12"t, 4000 psi, 30% SCM	9,600	sf	356	cy	1,386,667	lbs.	0.1	138,667	
1st floor conc slab - 4" 2500 psi, 30% SCM	10,000	sf	123	cy	481,481	lbs.	0.07	31,296	
Strip ftgs, FPSF fd'n walls, 3500 psi, 30% SCM	2,704	sf	133	cy	519,468	lbs.	0.08	41,557	
Int. ft'gs, optimized 3500 psi, 30% SCM	768	sf	34	cy	133,120	lbs.	0.09	11,981	
Steel rebar, assume 0.7% conc vol.	8.4	cy	227	cf	114,261	lbs.	0.94	<u>107,405</u>	
								1,684,445	lbs. CO2
								16.84	psf

Biogenic Carbon

- Carbon comprises about 50% of the mass of dry wood fiber.
- 1 lbs. Carbon in wood represents about 3.67 lbs. of CO₂ removed from the atmosphere.
- Example

100 lbs. of 19% moisture content wood

Dry wood fiber = (100 lbs.)(1/1.19) = 84 lbs.

Sequestered CO₂ = (84 lbs.)(.5)(3.67) = **154 lbs.**

1 lb. wood stores about 1.5 lbs. of atmospheric CO₂

... Not including emissions at the end of the product's life.



100,000 sf, 10-Story Mixed-Use Building

Transformative – structure only

INCLUDING BIOGENIC CARBON and END-OF-LIFE IMPACTS

MATERIAL							lbs. CO2eq/lb.	lbs. CO2eq	
5-ply CLT (6 7/8") roof and floor decking	100,000	sf	17.8	psf	1,776,042	lbs.	-0.67	(1,189,948)	
7-ply CLT (9 5/8) wall panels 20% WWR	39,936	sf	24.9	psf	992,992	lbs.	-0.67	(665,305)	
Glulam roof and floor beams - 5 1/2" x 14"	12,000	lf	20.9	plf	250,250	lbs.	-0.72	(180,180)	
Glulam columns - est. 12 int, avg. 5 1/2" X 16"	1,440	lf	22.2	plf	31,964		-0.72	(23,014)	
Steel composite floor ties	90,000	sf	1.2	psf	108,000		2.53	273,240	
Steel conn hardware for glulam, 10 lbs. ea.	1,680	pcs	10	lbs.	16,800		1.62	27,216	
2-10th fl. conc - 2" t, 3000 psi, 30% SCM	90,000	sf	556	cy	2,166,667	lbs.	0.08	173,333	
Shear walls, 80 lf, 12"t, 4000 psi, 30% SCM	9,600	sf	356	cy	1,386,667	lbs.	0.1	138,667	
1st floor conc slab - 4" 2500 psi, 30% SCM	10,000	sf	123	cy	481,481	lbs.	0.07	31,296	
Strip ftgs, FPSF fd'n walls, 3500 psi, 30% SCM	2,704	sf	133	cy	519,468	lbs.	0.08	41,557	
Int. ft'gs, optimized 3500 psi, 30% SCM	768	sf	34	cy	133,120	lbs.	0.09	11,981	
Steel rebar, assume 0.7% conc vol.	8.4	cy	227	cf	114,261	lbs.	0.94	<u>107,405</u>	
								(1,253,751)	lbs. CO2
								(12.54)	psf

Example Building Summary

- Conventional 2,950,000 lbs. CO₂eq 29.5 lbs./sf
- Incremental 2,490,000 lbs. CO₂eq 24.9 lbs./sf
- Transformative 1,680,000 lbs. CO₂eq 16.8 lbs./sf
- Transformative (-1,250,000) lbs. CO₂eq -12.5 lbs./sf
* Including Biogenic Carbon *

2,950,000 lbs.

2,490,000 lbs.

(1,250,000 lbs.)



Conventional



Incremental



Transformative

Bloomage vs. Leakage - BLOOMAGE

Calculate UA TOTAL (Heat only)	AREA	R	U	UA
ROOF	10000	30	0.033	333
OPAQUE WALLS	40000	20	0.050	2000
FENESTRATION	10000	2.8	0.357	3571
TOP OF FOUNDATION	400	10	0.100	40
SHELF ANGLES	3690		0.390	1439
CONVECTIVE LOSSES				2500
TOTAL				9884

Bloomage vs. Leakage: Total Annual Heating Energy

$$E_{\text{annual}} = U_{\text{total}} \times 24 \text{ hrs/day} \times \text{HDD} / \text{efficiency}$$

HDD - Heating degree-days are the number of degrees that the daily average temperature falls below 65° F - 4777° F days in NYC

Base Building

Assume 90% heating system efficiency

$$9884 \text{ Btu-hr/}^\circ\text{F} \times 24 \text{ hrs/day} \times 4777^\circ\text{F days} / 0.9$$

= 1,260 MMBtu per year required for heating

$$1,260 / 100,000 \text{ sf floor area} = 12,600 \text{ Btu/sf}$$

Bloomage vs. Leakage: Quantify CO₂eq Emitted from Heating

Natural Gas creates 117 lbs. CO₂e per MMBtu

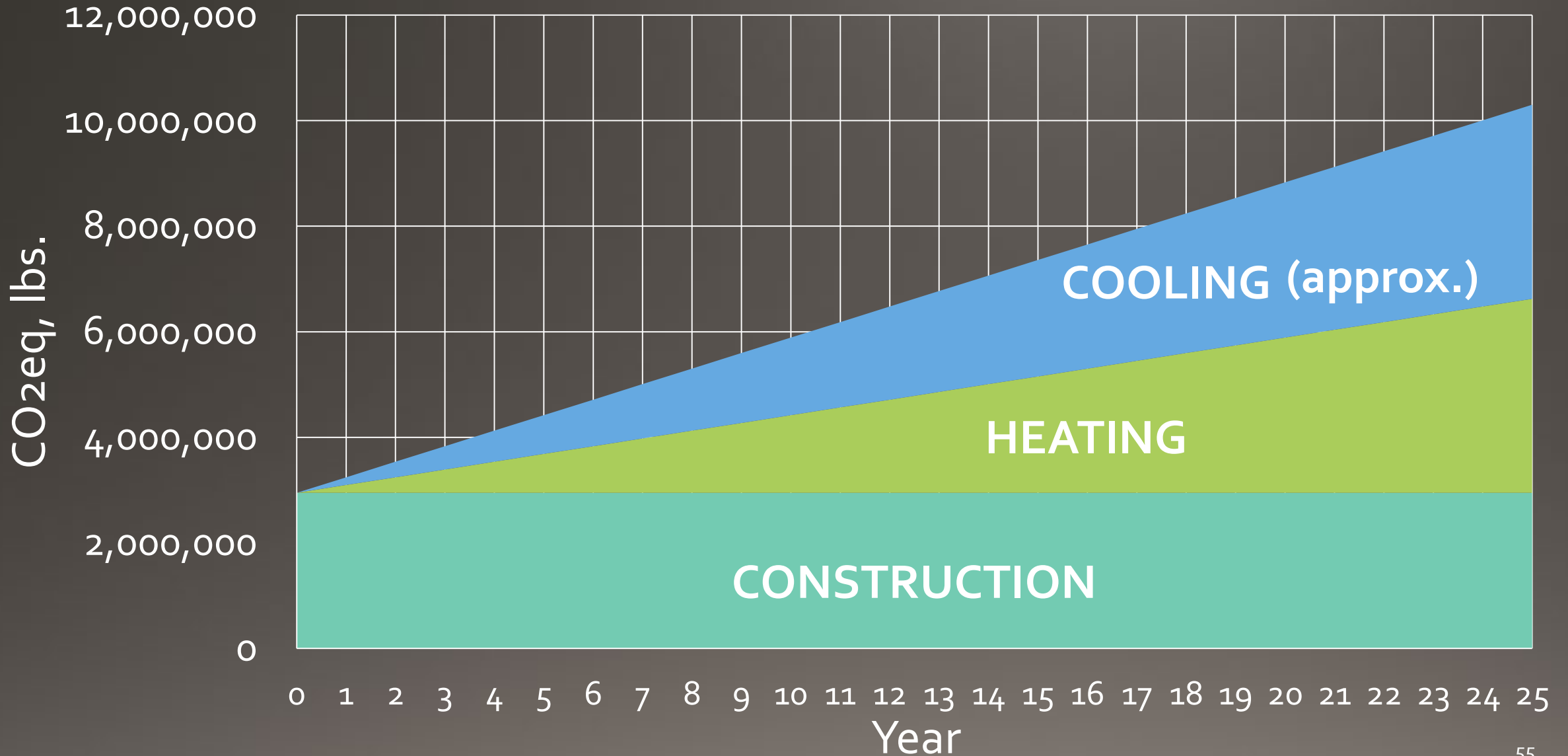
(<http://www.eia.gov/tools/faqs/faq.cfm?id=73&t=11>)

1260 MMBtu / year X 117 lbs. CO₂eq /MMBtu

= 147,000 lbs. CO₂eq /year for heating

50,800 / 100,000 sf floor area = 1.47 lbs./sf

Bloomage vs. Leakage





Carbon Counts!
Calculating the carbon content of commercial construction

Advanced Ideas

Tall Wood Buildings – Portland, OR

Carbon12 – 8-story glulam and CLT building completed in 2017

(Courtesy treesource.org)



Tall Wood Buildings – BC Canada

UBC Brock Commons
student housing

17 stories of CLT on 1-
story concrete podium.
Completed 2017.



Concrete Exposure Classes

ACI 318

- Freeze-Thaw Exposure Class F₁ (moderate)
 - Concrete exposed to freezing and thawing cycles and occasional exposure to moisture and no deicing salts are used.
 - Min $f'c = 4500$ psi
- Corrosion Protection Exposure Class C₂ (severe)
 - Concrete exposed to moisture and an external source of chlorides in service – from deicing chemicals, salt, brackish water, seawater or spray from these sources.
 - Min $f'c = 5000$ psi
- **Crystalline waterproofing admixtures and topical applications – do they change exposure class?**

Concrete Slabs on Grade: How Strong Must the Concrete Be?

Typical Concrete Slab Strength: 3000 psi

$$3000 \text{ lbs./in}^2 \times (12 \text{ in./ft.})^2 = 432,000 \text{ psf}$$

Typical Floor Live Loading: 100 psf

$$432,000 \text{ psf} / 100 \text{ psf} = 4,320 \quad \text{use a 2.0 FoS....}$$

*** Most concrete slabs on grade are at least 2,000 times stronger than their required strength! ***

Concrete Slabs on Grade: Alternatives to the Conventional



STANDARD

5" standard concrete on compacted subbase

Concrete Type, Cement Amount	CO ₂ -e per SF (cradle-to-gate)
4000 psi, 450 lbs./CY	6.9
3000 psi, 350 lbs./CY	5.4 (22% redux)
3000 psi, 20% SCM, 280 lbs./CY	4.3 (38% redux)



ALTERNATIVE

4" low-strength concrete with superplasticizer on compacted subbase w/ 3/8" underlayment topping

Concrete Type, Cement Amount	CO ₂ -e per SF (cradle-to-gate)
2000 psi, 50% SCM, 150 lbs./CY	1.8 (70% redux)
500 psi, 50% SCM, 50 lbs./CY	0.62 (91% redux)

Alternative Cements

- Hybrid cement
- Alkali cements
 - Alkali-Activated Cements (AAC)
 - Aluminosilicate-based alkaline cements
- **Geopolymer cements**
- Sulfur cement
- Fly ash cement
- Calcium sulfoaluminate-based cements
- Gypsum cements

Dowel-Laminated Timber



Energy Innovation and Carbon Dividend Act – H.R. 763

- EFFECTIVE – will reduce CO₂ emissions by 40% in first 12 years
- GOOD FOR PEOPLE – increased health, more \$ for lower income
- GOOD FOR THE ECONOMY – 2.1 million new jobs, increased GDP
- BIPARTISAN – Cosponsored by Republicans and Democrats
- REVENUE NEUTRAL – No \$ kept or spent by the government



<https://citizensclimatelobby.org/energy-innovation-and-carbon-dividend-act/>

Questions?

Carbon Counts!
Calculating the carbon content of commercial construction

Thank you!



James A. D'Aloisio
P.E., SECB, LEED AP

Klepper, Hahn & Hyatt

(315) 446-9201
jad@khpc.com

Structural Engineering
Landscape Architecture
Building Envelope Systems

The Role of the Engineer

